

Crossing Borders: Multidisciplinary challenges in education, welfare and health

An Erasmus+ Exchange Programme
Autumn 2015 – Spring 2016

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Karel de Grote University College (KdG)

Faculty of Welfare, Education and Health

Antwerp, Belgium

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CROSSING BORDERS: MULTIDISCIPLINARY CHALLENGES IN EDUCATION, WELFARE AND HEALTH

Autumn 2015 – Spring 2016

An Erasmus+ programme organised by the Faculty of Health, Social Work and Teacher Education of the Karel de Grote University College (KdG).

Crossing Borders offers a fine selection of courses presented by both guest lecturers and our own staff. All modules are taught in English.

What KdG is aiming to do with this international English-language course is to link up and bring together different non-profit areas. In practice, teachers, social workers and healthcare practitioners have to face the same global challenges. They often work with cases where an interdisciplinary view of other areas involved could add value.

In this course, KdG tries to give the students better insights into three central themes that are global in nature: poverty, migration and sexuality. Topics such as human rights, intercultural competences, ethics, European policy and welfare regimes and sustainability are also covered by this programme.

All these modules are open to Belgian students as electives, which will create further opportunities for integration.



ENGLISH LANGUAGE REQUIREMENTS

Students enrolling should be competent enough in English to participate actively in the courses. Level B2 is recommended. Applicants need to provide proof their proficiency in English by adding a scan of the result of an official language test, completed with the applicant's name and duly signed by their home institution or a certificate confirming the level of English signed by a lecturer of English. If students are not proficient enough in English to participate actively in the courses, there is always the risk of them failing assignments or examinations. This is entirely the responsibility of the institution sending them.

Students can take English (or other) language lessons in the language centre of the University of Antwerp (see www.linguapolis.be). Applications and fees should be arranged directly with Linguapolis.

Students can also take up the offer of English coaching provided by Karel De Grote University College. The English language support focuses on improving the knowledge and the level of mastery of a foreign language.

This assistance comes in various formats:

- digital support module
- workshops
- individual counselling
- referral to language courses

ACADEMIC CALENDAR

Autumn 2015

Official Opening: 14 September 2015

Introduction days: 16, 17 September 2015

Crossing Borders - start of modules, period 1: 21 September 2015

Deadline for changes to LA: 5 October 2015

Autumn holiday: 2 November – 8 November 2015

Examinations: 16 November – 20 November 2015

Crossing Borders - start of modules, period 2: 23 November 2015

Christmas holidays: 21 December 2015 – 1 January 2016

Examinations: 25 January – 29 January 2016

End of *Crossing Borders*: 01 February 2016

Spring 2016 (subject to small changes)

Official Opening: 01 February 2016

Introduction days: 03, 04 February 2016

Crossing Borders - start of modules, period 3: 15 February 2016

Deadline for changes to LA: 03 March 2016

Spring holiday: 8 February 2016 – 14 February 2016

Examinations: 18 April 2016 – 22 April 2016

Easter holidays: 28 March 2016 – 10 April 2016

Crossing Borders - start of modules, period 4: 25 April 2016

Examinations: 13 June 2016 – 17 June 2016

End of Crossing Borders: 30 June 2016

INTERNATIONAL OFFICE

We represent the enthusiastic international team of the faculty of Welfare, Education, and Health.

Students can contact the international office of the Faculty of Welfare, Education and Health with any questions about their exchange.

Coordinator International Office

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THE SETUP OF CROSSING BORDERS

The programme starts with the module 'Multidisciplinary introduction week: Ethics and cross-cultural competences (3)'. All students enrolling are obliged to follow this module. It will give them an introduction to the whole programme, the methodology used and the various themes.

After this introduction, students can follow different theoretical modules on specific themes (THINK: 3 ECTS). Every central theme starts with a theoretical module. Students need to choose at least one central theme and the corresponding theoretical course. As well as this topic, they are free (and encouraged) to take other theoretical courses (maximum number of credits: 18).

The theoretical part is followed by a module in which the students learn how to implement these theoretical insights in their everyday practice (WORK + ACT 6). They work with cases in which they also learn to see the added value of another non-profit area: where can they help each other? What is the best practice within the specific case, viewed from the different professional perspectives? After this case-study, students integrate their insights in the professional world. They prove themselves by setting up small projects or initiatives, etc. concerning the specific theme.



Example of a study programme:

Ethics and cross-cultural communication (3)

Think: Poverty (3)	⇒	Work: Poverty	⇒	Act: Poverty
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Think: Sexuality (3)	⇒	Work: Sexuality	⇒	Act: Sexuality
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Think: Human Rights (3)

Think: Europe – policy and welfare (3)

Think: Migration (3)

There is an overview of all courses at the end of this brochure.

Lectures are given by

- our own lecturers
- guest lecturers from European institutions for higher education, or professionals

The lectures are organised in 3 different intensities:

- Regular: all 'Think' modules: 6 weeks of 4 hours a week or 12 weeks of 2 hours a week
- Semi-intensive: all 'Work' and 'Act' modules: 3 weeks of projects and seminars, 4 hours a week
- Intensive: one week of 24 hours (Ethics and Cross-Cultural Communication)

The Think modules will mostly be given in the first period of the semester, followed by the Work and Act modules in the second period of the semester. For the exact dates, please check the item 'Academic Calendar'.

All the lessons will be given at a single central campus, unless stated otherwise.

The address of the central campus:

The address of the central campus:

Campus Noord 1 – Pothoekstraat

Pothoekstraat 125

B-2060 Antwerpen

All schedules are published mid-September for the whole academic year 2015-2016 and can be verified on:

<https://mijnrooster.kdg.be/>

select: 'English'
select: 'Add timetable'
select: '2015/2016'
select: 'Programme of Study'
type: 'Crossing Borders'

Or log in with your KdG e-mail and password to see your personal timetable

Lectures are offered from Monday to Friday between 8.00 a.m. and 6.00 p.m. and sometimes in the evening (hours are subject to changes). Lecture periods generally take 60 minutes. There is a 15 minute break after two periods. Students can have lunch in the cafeteria.



ASSIGNMENTS AND EXAMINATION

Every lecturer decides which type of evaluation is appropriate for their course. Sometimes the scoring is based on a combination of several evaluations (e.g. post-assignment, group work, presentation, examination). The most common types of evaluation are:

- Intake test: in cases where there is a pre-assignment (e.g. reading articles or parts of a course book), a test at the beginning of the course can determine your level of knowledge
- Interim assignments: used to evaluate on a regular basis (for regular courses)
- Post-assignments (e.g. a paper or report): are to be sent in by e-mail (some weeks) after the course
- Examinations: written examinations always take place at the end of a 6-week period.

The Exam Repeat sessions will be held in August 2016. Exam Repeats can be organised when so stated in the course description or on request by the International Office of the home institution. This can be done in the following ways:

- Retaking assignments: conditions and practical arrangements: see the ECTS study guide
- Retaking written examinations:
 - o either in Karel de Grote University College
 - o or in the home institution for all students at the same time

Dates and times will be announced by the Karel de Grote University College's International Office and the exam copy will be sent by e-mail to the coordinator of the International Office in the home institution. After the exam has been taken, the scanned copy will be sent by e-mail by the coordinator to Karel de Grote University College.

The KdG Education and Examination Regulations are applicable to all exchange students and can be found on the KdG website.

ACADEMIC RECOGNITION

In order to be able to measure and compare the learning achievements and to transfer them from one institution to another, the European Community has developed a useful tool that guarantees academic recognition: the European Community Course Credit Transfer System (ECTS). It is a credit system based on the students' workload which involves lectures, practicals and self-study. In other words it includes all the work needed to prepare for an examination. The basic allocation of the academic credit system is 60 credits per year of study or 30 credits per semester.

Credits are awarded only when all required course examinations have been successfully completed. Grades are awarded using the local grading system of a score out of 20.

The local grades can then be converted to the ECTS grading system.

An official ECTS grading table will be sent to the home institution together with the Transcript of Records. The table below explains our grading system.

<u>Local grade</u>	<u>ECTS grade</u>
20,19,18,17	A - Excellent
16,15	B - Very good
14,13	C - Good
12,11	D - Satisfactory
10	E - Passing
<10	F - Fail

The home institution will be responsible for the full recognition of credits and grades awarded to the student.

COURSE MATERIAL AND EXPENCES

Course materials depend on the courses for which students are registered. Books and syllabuses will be available on our electronic learning platform 'Blackboard', in our library or in our shop. The maximum cost will be around 50 euros.

Some modules will include visits to organisations, museums and cities. The total cost of these excursions will be around 50 euros.

STUDENT LIFE

Antwerp is a wonderful historic old town and a student-friendly city, full of things to do. There are numerous theatres, cinemas, concert halls, and museums such as the Rubens House, Plantin and Moretus, Fine Arts, Modern Arts, Fashion and Middelheim. Antwerp has an exciting nightlife but also offers plenty of daytime activities. Within the first few days after their arrival, students will receive a student card. This card entitles them to reductions at sports centres, cinemas, cultural events, restaurants, parties, etc.

Discover Erasmus in Antwerp on following websites:

- <http://www.kdg.be/international/kdg-in-english/study/life-antwerp>
- <http://www.youtube.com/watch?v=LbmxAQuCE8g>

There are also opportunities for entertainment organised by students' clubs: local student clubs and ESN (Erasmus Student Network)

<http://www.esnantwerp.org>.

If you want to meet the incoming students in advance, you can also 'like' our Facebook page: www.facebook.com/kdginternational



ACCOMODATION

Students in Flanders usually rent single rooms in a student house that share a kitchen, toilet and shower. One month's rent will then cost an average of approximately €300. If you want to rent a room with private toilet, bathroom and cooking facilities, the price can go up to €400 or more. Landlords usually ask for a deposit of one (or two) month's rent, returned at the end of the contract.

Have a look on our website for some tips and tricks:

<http://www.kdg.be/international/kdg-in-english/study/apply/accommodation-andresidence>

INSURANCE

It is compulsory for all foreign students to have arranged their health insurance and third-party liability insurance for themselves before arrival. The validity of the insurance policies must cover the student's whole stay.

Health insurance means suitable cover for medical costs in the case of illness or injury.

Third-party liability insurance covers you if you are sued for compensation by a third party, where they feel that they have suffered a loss as a result of your negligence or carelessness. If you are successfully sued by a third party, your third-party insurance will cover the costs of damages awarded against you and any legal costs that you have incurred as a result of disputing the case.

For more information, please contact nicole.vancauwenberghe@kdg.be.

RESIDENCE PERMIT

Registration at the Migration Office is mandatory for:

- students who are nationals of non-EU member states
- students who want to work in Belgium (nationals of both EU and non-EU states)
- students who want to open a bank account in Belgium (nationals of both EU and non-EU states)

The procedure is explained on our website:

<http://www.kdg.be/international/kdg-inenglish/study/apply/Belgian-immigration>

APPLICATION PROCEDURES

Application Deadlines

1st semester (Autumn semester): **31 May 2015**

2nd semester (Spring semester): **15 November 2015**

Please use the registration form on our website for your first registration.

<http://www.kdg.be/international/kdg-in-english/study/study-english#crossingborders>

After registration, students receive a nomination mail. We use an online tool to register and follow up our student mobility. This tool is called Mobility Online. The mail contains the necessary information to log in to Mobility Online (login and password) and a manual for the students.

Registration by incoming students

In the workflow students need to complete different steps, starting with their registration. After registration they need to complete the application details and add several documents:

- Passport photo
- Letter of motivation
- English language certificate (level B2)

In the next step they need to compose and sign their Learning Agreement.

Finally, they confirm staying abroad by completing the arrival information.

Each step will be checked and approved (or rejected) by the coordinator. The application is complete when the student enters the step :

[AI] Exchanges confirmed by KdG.

All these steps have to be completed before the deadline (mentioned above).

ARRIVAL

We organise an event to welcome all incoming students. During this event students get a lot of practical information and a guided tour around the campus. But we organise also some fun activities to get to know each other and the city. We will send an invitation by e-mail with all the details.

OVERVIEW OF THE MODULES

Introduction Week: Ethics & cross-cultural competence 3 ECTS

Cultural diversity and the advantages of a multidisciplinary approach. By the end of the introduction week, the student is aware of cultural and interdisciplinary differences; the student is able to enter into a dialogue about intercultural and ethical issues and is able to form an opinion about these issues

Human rights 3 ECTS

Students gain insights into the history of human rights law. They understand the meaning of the main international and European human rights treaties. Looking at specific themes (right of participation, right to health, right to education) teaches the student how human rights work in practice and in their professional field.

Sustainability: Millennium and sustainable development goals 3 ECTS

What are the causes of global challenges and the origins of sustainable development? This course builds up knowledge about different theoretical approaches towards global changes and global challenges. Transfer of models (4P and 4E models) to the different fields of study and experiential research from local practices

Europe: Policy and welfare 3 ECTS

How does EU policymaking work? How do healthcare, social affairs and education work in the various European nations? In this module, the student compares the current situation for education, healthcare or social affairs in a number of European countries; discusses what future EU involvement they would like to see and uses different languages and sources of information to obtain information

Sexuality – Think 3 ECTS

Knowledge about history of sexuality in the western world. What is sexuality? What is your own sexuality? What language do you use for talking about sexuality? Students are given an introduction to anatomy and developmental psychology; models and role of theory – gender?

Sexuality – Work & Act 6 ECTS

Students reflect on their own beliefs and attitudes about sexual themes and sexuality. Students reflect on key elements in the ethics of relationships, sexuality and family. Students prepare a presentation of one or more themes of sexuality in one specific country. The module end with the project 'Sex and the city: what sexuality means in Antwerp.' Students guide us through Antwerp, across various organisations with respect to sexuality

Migration & super-diversity – Think 3 ECTS

Migration & super-diversity provides students with a theoretical and

empirical body of knowledge about the transformation of European societies towards super-diversity. Recognising the transition towards super-diversity and its consequences for professionals. Recognising the urban context and the transition towards majority/minority cities and its consequences for professionals.

Migration – Work & Act

6 ECTS

Through cases from a specific and varied target group, students acquire practical knowledge to help deal with a diverse target group. This is done by familiarisation with good practices. Students are able to produce a critical analysis of the success factors of practices, starting from the theoretical frameworks. Students get acquainted with the European policy framework and networks in this field and are able to address the subject from a comparative European perspective. After this assignment, students will gain practical experience with a specific target group or methodology. Students are able to assess the practice critically. The goal of the module is to develop a tool that is relevant for this practice

Poverty – Think

3 ECTS

Developing a “poverty-aware” approach for professional teachers, social workers and healthcare practitioners, from multidisciplinary knowledge and an understanding of people living in poverty

Poverty – Work & Act

6 ECTS

Combating preconceived notions of people in poverty as “others”. Students learn to express individual and professional ideological standpoints / values, and start working in alliance with people in poverty (partnership – empowerment – holistic). To end the module, students start with keynotes from the theoretical and working parts (portfolio), make a mind map and build a movie around one topic. They can make a report, or make a movie with examples and instructions for working with people in poverty in a specific context