



FSD

UNIVERZA V LJUBLJANI
Fakulteta za socialno delo

DIALOGICAL APPROACH TO CO-CREATION OF SUPPORT AND HELP Syllabus

COURSE TITLE: Dialogical Approach to Co-creation of Support and Help

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SPEAKS: (English, Serbo-Croat)

ECTS: 5

The course aims to enhance and improve the student's conversational skills in the context of psychosocial support and help.

The student will learn two paradigms of effective change in social work and related helping professions as well as the trans-theoretical common factors model of social work practise. She will learn and practise various dialogic skills (e.g., goal setting, joining the client, reframing, gathering and using client feedback information) and perspectives (e.g., ecological awareness, strengths perspective, hermeneutic conversation practise) that will enable her to co-create a working relationship and an individual working project of help that has good potential to lead the collaborative process agreed upon with the client to the desired change. The student will learn about three postmodern dialogic-narrative approaches to co-creating support and help: 1. use of metaphors and stories in social work, 2. open dialogue approach, 3. anticipatory dialogue approach. The programme concludes with a definition of postmodern social work as a profession, science and art and an introduction to the concept of social work as a systematically unsystematic approach.

The course combines 12 hours of interactive lectures (with reading, watching videos and discussions and demonstrations), **12 hours of tutorials, i.e., experiential work** (individually, in pairs and small groups), **and 1 hour of course evaluation**. The students are expected to do **from 80 to 100 hours of independent study** (reading for the lectures, watching a documentary film and videos, studying for the exam). The final **examination** is in written form.

SELECTED READINGS from:

Barth, R. P., Lee, B. R., Lindsey, M. A., Collins, K. S., Strieder, F., Chorpita, B. F., et al. (2012). Evidence-based practice at a crossroads: The emergence of common elements and factors. *Research on Social Work Practice*, 22(1), 108–119.

Bucay, J. (2013). *Let me tell you a story: Tales along the road to happiness*. New York, London: Europa Editions.

Burns, G. W. (Ed.) (2007). *Healing with stories*. New Jersey: John Wiley & Sons.

Cameron, M., & Keenan, E. K. (2010). The Common Factors Model: Implications for transtheoretical clinical social work practice. *Social Work*, 55(1), 63-73.

Čačinovič Vogrinčič, G. (2016). Social work with families: the theory and practice of co-creating processes of support and help. In: Mešl, T., & Kodele, N. (Eds.). *Co-creating*

Processes of Help: Collaboration with families in the community (pp.19-40). Ljubljana: Faculty of Social Work.

Miller, S. D., & Berg, I. K. (1995). *The miracle method. A radically new approach to problem drinking*. Ch. 3, Unlocking the door to solution (pp. 32-66). New York, London: W. W. Norton & Company.

Olson, M., Seikkula, J., & Ziedonis, D. (2014). *The key elements of dialogic practice in Open Dialogue: Fidelity criteria*. The University of Massachusetts Medical School. Worcester, MA. Available at <http://umassmed.edu/psychiatry/globalinitiatives/opendialogue/>.

Pinkola Estés, C. (1996). *Women who run with the wolves: Myths and stories of the wild woman archetype*. New York: Random House Publishing Group.

Saleebey, D. (1992), *The strengths perspective in social work practice*. New York, London: Longman.

Saleebey, D. (1996). The strengths perspective in social work practice: Extensions and cautions. *Social Work*, 41(3), 296-305.

Seikkula, J., Arnkil, T. E., & Eriksson, E. (2003). Postmodern society and social networks: Open and Anticipation Dialogues in network meetings. *Family Process*, 2(42): 185-203.

Seikkula, J., & Arnkil, T. E. (2006). *Dialogical meetings in dialogical networks*. London: Karnac.

Sprenkle, D. H., Davis, S. D., & Lebow, J. L. (2009). *Common factors in couple and family therapy* (pp. 1-9). New York, London: The Guilford Press.