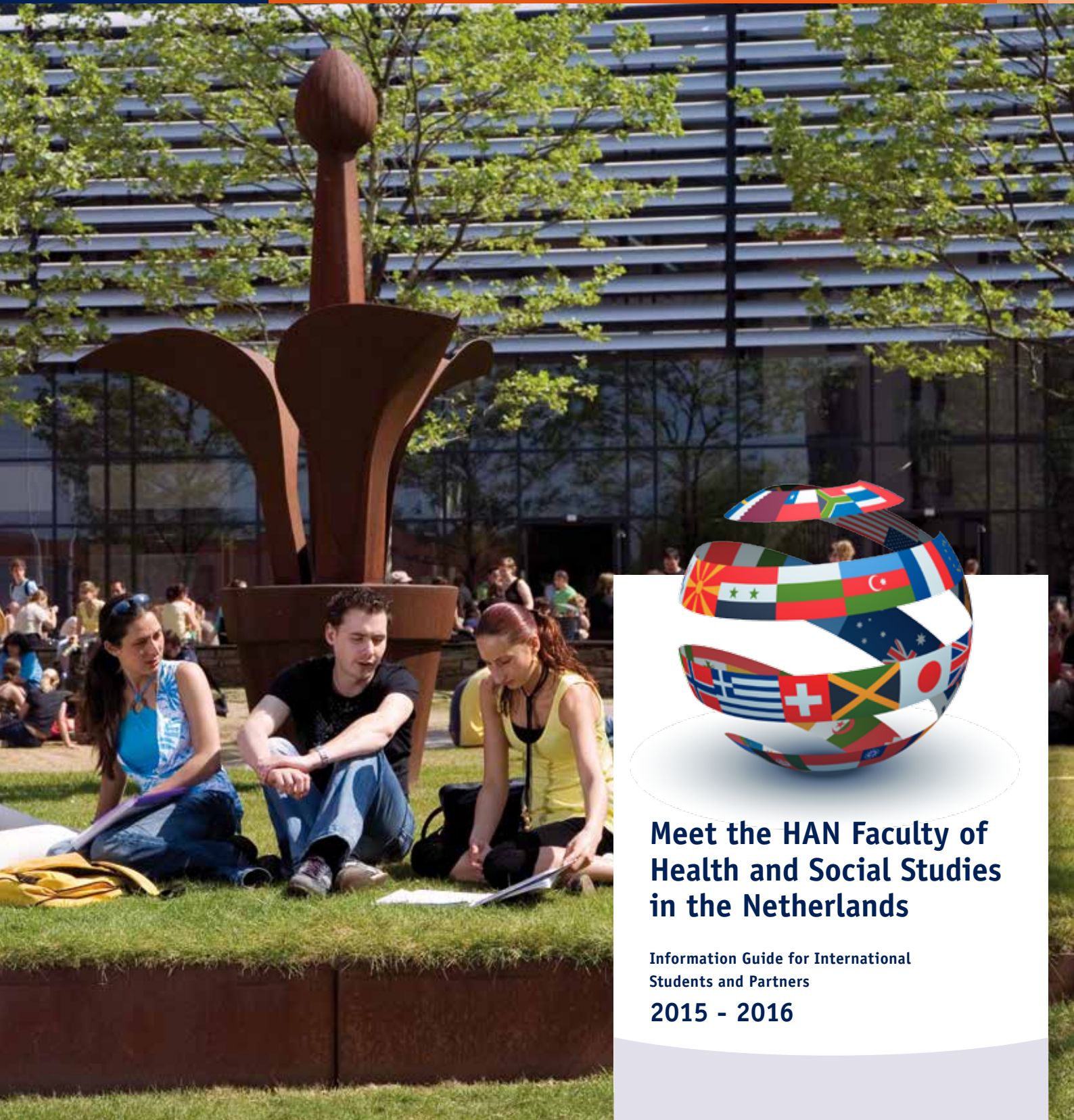


▶ HAN

# Faculty of Health and Social Studies



## Meet the HAN Faculty of Health and Social Studies in the Netherlands

Information Guide for International  
Students and Partners

2015 - 2016

# HAN University of Applied Sciences



**HAN University of Applied Sciences offers higher education of an outstanding quality within an inspiring, innovative, international environment. We strive to prepare our students to meet today's challenges of globalisation by combining unrivalled practical education with specialised teaching delivered by skilled professionals.**

**One of the key features of our courses is to facilitate our students' development of knowledge and expertise within a global perspective. Our approach is to embed internationalisation within our teaching activities. That is why we very much welcome international staff and students to our university in order to create a truly international environment at our campuses.**

Our Arnhem and Nijmegen campuses offer Bachelors and Masters courses to approximately 30,000 students. HAN University of Applied Science's broad range of courses can be taken either full-time, part-time, online, separately or in combination with a variety of other internal and /or external courses. Our Centres of Expertise and research groups deliver customised research, advice and post-graduate courses for companies and institutions. With clear and rigorous contract management, we strive to deliver result-oriented work based on a large degree of freedom within an agreed framework.

## DOMAINS

HAN University of Applied Sciences offers almost every type of professional course related to the following domains: Education, Social Studies, Commerce, Communication, Business Administration, Law, Economics, Engineering, Built Environment, Applied Sciences, IC and Communication, Health, Nursing, and Sports and Exercise. Within these domains Dutch-speaking students can choose from 62 Bachelors and 19 Masters and 150 minors (elective one-semester units) which HAN offers. Of these, 6 Bachelors, 4 Masters and 29 exchange courses are taught in English and 2 in German and are open for international students.

## LOCATION

HAN University of Applied Sciences is situated in the eastern part of the Netherlands, near the German border. Visitors to this part of the country will be charmed by the typically Dutch scenery of wide rivers, bridges, dikes and polders, set against a background of woody hills and small towns. The twin cities

of Arnhem and Nijmegen (only 15 km apart) - accommodate HAN University of Applied Sciences, one of the fastest growing universities of applied sciences in the country.

## PARTNER UNIVERSITIES AND INTERNATIONAL PROJECTS

HAN University of Applied Sciences has established many partnerships with universities and institutions all over the world. We recognize the importance of being part of a global network and exchanging ideas about higher education and internationalisation with our partners in different parts of the world. These partnerships offer students opportunities for studying abroad. They also provide teaching staff with opportunities for teacher exchanges and participation in international projects.

## Faculty of Health and Social Studies

**The institutes of Health Studies, Nursing, Sports and Exercise, Social Studies within HAN's Faculty of Health and Social Studies in Nijmegen offer a broad variety of Bachelors, Exchange and Masters Courses. The associated HAN VDO Education and Consulting Centre delivers higher vocational level courses, modules and training. HAN experts can also provide custom research and consultancy.**



# Welcome

*The Faculty of Health and Social Studies has as one of its key aims the development of our students' knowledge and expertise from a global perspective. Our approach is to embed internationalisation within our teaching activities. That is also why we very much welcome international students and staff to HAN University of Applied Sciences in order to create a truly international environment at our campus.*

*This guide offers all kinds of information for exchange students and staff from any of our over 115 partner institutions who would like to visit or study at the Faculty of Health and Social Studies. You will find introductions to all the degree and non-degree courses taught in English and important practical information.*

*An up-to-date description of all courses taught in English and German at the HAN University of Applied Sciences during academic year 2015-2016 can be found on the websites [www.han.nl/international](http://www.han.nl/international) for English and [www.han.nl/deutsch](http://www.han.nl/deutsch) for German. We hope that this guide will help you make the right course selection.*

*The International Office wishes all international students and staff the best of luck at HAN.*

*Ms. Yvonne van der Meijs,*

*Director International Affairs*

*Ms. Monique Nederhoed,*

*International Relations Officer/Exchange Coordinator*

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# Bachelors Courses

The Bachelors degree courses are four-year, full-time, profession-oriented courses in which the placement is a compulsory component. The main component of the course is called the major. Besides the placement and the major you will be free to specialise or broaden your interests and skills by choosing a minor. In general, it takes 1 semester to finish a minor. All degree courses described in this chapter are taught in Dutch. Additionally, some degree courses are taught in German.

A graduate of a profession-oriented Bachelors course is sufficiently equipped to be able to work at a high level, but can also progress to a Masters course.

## **INSTITUTE OF HEALTH STUDIES (IHS)**

The Institute of Health Studies (IHS) aims to contribute to the quality of life and health of people by training professionals, conducting research and realizing social services. The goal is to train future professionals in a competence-oriented curriculum, in which the student and his or her development in the professional field is the focal point. IHS educates professionals for the medical and social domain.

### **Bachelors courses**

- Occupational Therapy
- Physiotherapy
- Speech and Language Therapy
- Nutrition and Dietetics
- Dental Hygiene

## **Occupational Therapy**

As an occupational therapist you enable people to realize their dreams for the future. You treat, advise and coach people with a limitation in their occupational performance to participate in their daily life contexts.

You coach them in a way that they can manage themselves so that they can perform their daily activities.

The focal points of the HAN's degree course in Occupational Therapy are entrepreneurship in occupational therapy, transformation and self-management interventions with a focus on rolemanagement, and practice-based research.

### **Professional opportunities**

You work as a therapist or coach for clients, for people involved in the client system (partners, families) and as an advisor of, for example, institutions and the business sector. Your field of activity ranges from traditional fields such as rehabilitation

# Institute of Health Studies

and health care centres, hospitals and special education to new target groups in local communities, the business sector or even your own activities in an occupational therapy clinic.

## Physiotherapy

As a physiotherapist you diagnose and treat patients. The treatment you choose partly depends on the views, goals and the entire living environment of the patient/client. More and more physiotherapists develop training and exercise programmes that help prevent injuries. Physiotherapists have also started working more and more in the fields of coaching, consultation and reintegration. As a physiotherapist you help people in the fields of work, sports, spare time or other activities. You use different means such as manual therapeutic techniques like massages, but also techniques such as fitness training and electrotherapy.

### Professional opportunities

You work in your own practice or as an employee in a health care institution (hospital), in a private practice or special institution (nursing home).

## Speech and Language Therapy

As a speech therapist you develop, correct and maintain human speech and the processing of food and drinks (swallowing). Not only do you work with clients but also with their environment such as parents, spouses, group leaders or teachers. You treat, for example, voice problems, language problems and hearing problems.

### Professional opportunities

You work in a private practice, as a local government employee, for the medical officers of a school association or a school board, in health care institutions such as nursing homes, hospitals, institutions for the deaf or the disabled or rehabilitation centres. You can work anywhere where you can provide communication training programmes for people who, for example, regularly hold lectures.

## Nutrition and Dietetics

As a nutritionist/dietician you are an expert in the field of nutrition and health. You have also learned to advise and assist groups and individuals. In your future job, you are capable of making plans with regard to the quality of care, enterprising and innovating. You advise clients about nutrition and lifestyle, you cooperate in (nutrition) research, you give advice about the nutritional offer in institutions, you give information or you are an expert in a commercial business.

### Professional opportunities

You have a broad field of expertise. You can work in a hospital, in domiciliary care, in a nursing home or in a private practice. You can also work for a communications office, a research institute, a gym, a food manufacturer or a catering company.

## Dental Hygiene

In the Netherlands, dental hygienists are trained for primary, secondary and tertiary prevention in the field of parodontology and cariology. This means that the course has its main focus on the behaviour of people and teaching preventive dental care. A focal point of the Dental Hygiene course (HAN University of Applied Sciences) and the Dentistry course (Radboud University Nijmegen) is to have their students work together as a team. This takes place at the Academic Clinic for Dental Care.

### Professional opportunities

As a dental hygienist you work in the fascinating and dynamic field of dental hygiene. You can work in various areas; with the individual patient, such as general dentistry, orthodontics, parodontology, youth dentistry, but there are also opportunities in municipal health services. Furthermore, you are involved in applied research.



# Institute of Nursing

## INSTITUTE OF NURSING

A trained nurse ensures the quality of a patient's life in the broadest sense of the word. The Institute of Nursing prepares students for general nursing, psychiatric nursing and nursing in the social health care sector. We also train students to become allied medical care assistants in emergency care and we run a post-graduate course in community-based mental health nursing.

### Bachelors courses

- Nursing
- Allied Medical Care

### Nursing

As a nurse you provide highly complex and evidence-based care to the patient/client and his or her system, focused on (possible) disrupted health patterns. You work in a multi professional team with respect for the patient/client according to the principles of responsiveness. You are part of a multicultural society and anticipate the needs of individuals and groups of diverse care recipients. You are capable of creating conditions in order to organize the multi-professional care and to realize quality health care. You have the ability to learn independently and you have reflective skills. You can account for your (own) actions in exercising your profession, to the patient as well as other parties involved. As a nurse you are responsible for supporting and assisting your colleagues in acquiring competences that are important to providing health care. A part of your job is to help develop health care programmes by using theoretical frameworks and scientific literature in the field of nursing. You contribute to professionalizing the nursing profession and you communicate your vision of nursing.

### Professional opportunities

#### *General Health Care (intramural)*

As a nurse, you are more and more confronted with acutely ill patients in general and academic hospitals who are admitted for a short treatment period or chronically ill patients who receive intramural, intermittent treatment for purposes of symptom treatment. In the general health care industry you deal with acute and chronic health care, and the care for different age groups: newborns, children, adults and the elderly.



#### *Mental Health Care and Care for the mentally disabled (institutional and community-based)*

In this sector there is an increasing demand for especially community-based health care. As a psychiatric nurse you are increasingly confronted with the client's situation at home. In mental health care you deal with acute and chronic health care, care for addicts, forensic psychiatry, community mental health and the care for different age groups: young people, adults and the elderly.

#### *Social Health Care and Youth services*

Besides the execution of complex care issues, you can make an excellent contribution as a nurse - in your role as designer- to new working methodologies that are suitable for application in domiciliary care. In your role as a coach you can support team members with lower qualification levels. As a nurse in youth services you are an important team player in the network that surrounds children and young people.

#### *Gerontological-geriatric care*

As a gerontological-geriatric nurse you are expected to deal with the complex care needs of specific client groups and to place the needs in the perspective of the individual's lifecycle.

### Allied Medical Care

During the Allied Medical Care course, you learn how to think medically, communicate well and respond competently in situations involving people who have suffered or risk injury. During your studies, you use the latest medical insights. You can make your own diagnoses of patients or victims. You also monitor and support their vital functions and are able to initiate treatment. In doing so, you take into account the patient's social and cultural background. Once you have obtained your diploma, you can start work immediately as a junior allied medical care assistant. As a qualified assistant, you practise skills which were previously only performed by nursing staff. This is new. For this training, you must be confident and have a pioneering mentality.

### Professional opportunities

The Allied Medical Care Bachelor's degree trains you for various support professions inside and outside the hospital. After graduating, you can work in various areas:

- in an ambulance;
- in an A&E department in hospital;
- in an operating theatre (anaesthesia).

After a while, you can transfer from the A&E to the ambulance, for example. To do so, you must attend additional training.

You can also start your own practice as a allied medical care assistant.



# Institute of Sports and Exercise Studies

## INSTITUTE OF SPORTS AND EXERCISE STUDIES (ISES)

Doing sports is not only healthy, but above all fun! Lately, Dutch people increasingly think that sports and exercise is very important. The demand for sports and health managers, sports teachers and other sports professionals has grown. If you have a passion for sports and exercise and if you want to become professionally innovative in this field, you can choose from three Bachelors courses taught at ISES.

### Bachelors courses

- Sports, Health and Management
- Physical Education Teacher
- Sports and Physical Education

### Sports, Health and Management

How do you get people to exercise? And to what do you have to pay attention to when organising sports activities? As a sports and health manager you are broadly trained and you know everything about sports, exercise and health. You are a lifestyle coach as well as a sports manager. You advise people and organisations about healthy living and exercising. You can lead, manage, venture, advise, inform, assist, professionalise, cooperate and develop quality. As a sports and health manager you are a pioneer. Therefore, it is important that you have a venturing spirit. But you also have excellent communicative skills, as well as being critical and reflective.

### Professional opportunities

You organise all sorts of activities related to sports and exercise. You can also work as a manager in the sports business. Or you advise groups or individuals about the development of exercise and health programmes, for example, exercise activities for obese children. You can also focus more on the development of sports by, for example, making people take up sports more from a national organisation, or by focusing on the sports infrastructure in a city or local community.

### Physical Education Teacher

As a Physical Education Teacher you know how to motivate groups of children and young people to exercise and you know how to keep them exercising. You learn how to teach students to move better and you can guide them in the extensive range



of sports and exercise options on offer. You fulfil a moral and educational role for your students. During the course you develop communicative and social skills so you can anticipate current questions from young people, society, education and the sports business. The course applies the following focal points: Learning and teaching, Coaching and assisting, Motivating and sports participation, Changing behaviour and healthy lifestyle, Management and organisation, Enterprising and innovation.

### Professional opportunities

The field of activity of a Physical Education Teacher is growing. Not only do you teach, but you also initiate and organise partnerships between schools, sports providers and the local government. You are also active in sports stimulation programmes and the support of sports clubs.

### Sports and Physical Education

People are increasingly practising sports. Not just to stay healthy and fit, but also for the social aspect. However, there are still large groups of people for whom sports are not a natural thing. These groups often need an adjusted approach. Graduates of Sports and Physical Education are sports specialists who know how to move people. A graduate of Sports and Physical Education uses sports and exercise to improve the well-being of the participants. You know a lot about sports and exercise programmes, about organising projects and coaching and assisting. Together with others, you can translate new developments and trends into programmes that people like to participate in.

### Professional opportunities

You are specialised in working with people with a disability, with weight or health problems, seniors or adolescents. After four years, you will be an all-round sports professional who, for example, can assist disabled people with their sports achievements and who knows what is going on at the Cruyff Court (football field) in the local community. You also know about tourism, outdoor sports and spare time, enabling you to organise exercise and sports programmes for various groups.

### HAN Seneca

HAN Seneca is part of the HAN Institute of Sports and Exercise Studies and, as such, connected to HAN University of Applied Sciences. It is the Expertise Centre for sports, work and health and offers health and performance-enhancing services. Furthermore, HAN Seneca provides a link between the course at HAN and the professional field. Students have the opportunity to participate in health and performance-enhancing research during their studies.

# Institute of Social Studies

## INSTITUTE OF SOCIAL STUDIES

**Social Studies** trains students in the field of social professions: supporting, treating and assisting people who are in a tight spot or who need help in giving shape to their lives, and people who want to participate in social and cultural activities. A social degree course teaches students to effectively apply their help and service providing abilities, their creativity and their organisation talents. The six Bachelors courses are:

### Bachelors courses

- Arts Therapy
- Cultural Social Development
- Social Work and Services
- Educational Theory
- Social Educational Care
- Applied Psychology

Arts Therapy comprises drama therapy, art therapy, music therapy and psychomotoric therapy. Cultural Social Development and Social Educational Care focus more on working with groups of people in institutions and organisations, in their daily lives and in several recreational, educational and cultural settings. Arts Therapy, Social Work and Services and Applied Psychology mainly train students for individual social work situations. Educational Theory focuses on helping children and their parents/guardians in a normal or disrupted upbringing situation. The other courses are focused on learning how to work with all age groups. A special feature of the courses Cultural Social Development and Social Educational Care in Nijmegen is that students learn how to use their head, heart and hands. In working with clients and participants, graduates apply different creative means such as play, arts and games & sports. The Social Educational Care course is also offered part-time (in Dutch and German).



## Arts Therapy

Throughout the centuries, people have expressed their unspoken feelings through art. As an art therapist you use creativity to help people who are stuck in a situation. Art therapists always work from a client's guiding question. You ease problems and improve the quality of life. Arts therapy is mostly about doing and experiencing. You make use of different forms and means of therapy:

### Drama

You express feelings by using your senses, posture and movements, your voice, facial expression, improvisation, spontaneity, communication and teamwork. Your client thus experiences reality; he can change it or learn to accept it.

### Art

Which materials do you choose and what colour? Which shape do you create and how are these elements related to each other? Your client creates his own view of reality with the work of art, to which you can both give 'meaning'.

### Music

Playing music yourself is the key. It is mostly about improvising, composing, notation of and listening to music. Music provides structure. In a marching band you follow the march rhythm without even realising it. Unnoticed, you tap your feet to the rhythm of the music. You use this emotional and structuring effect of music in music therapy.

### Movement

In psychomotoric therapy clients literally start moving again. You use movement and body-oriented forms of therapy. Your clients literally stand still and think about what moves them. They experience themselves physically, in action and interaction with others. They feel how they are, what they do and what it is like to do it differently.





### **Professional opportunities**

You can work in different fields as an arts therapist. You can work in health care, the justice department, education, youth services or a private practice. You will deal with, for instance, psychiatric patients, people with a mental disability, sectioned patients, students and so on.

### **Cultural Social Development**

As a CSD-er (= Social Worker of the department Cultural Social Development) you effectively are a cultural and social entrepreneur. You organise challenging cultural activities and sports and games events. You take initiative, you are venturing and innovative. You manage projects and are result-oriented in your work. But above all, you are socially involved and looking for opportunities to advance people on a social and cultural level. A cultural social worker can work in any of the following industries:

#### **Arts and culture**

Cultural activities are popular. Museums, festivals, performances, concerts and exhibitions are often well-attended. Yet, there are people who rarely come into contact with arts and culture. As a CSD-er you try to reach young and old and involve them in art and culture.

### **Active in the local community**

If you work in the local community as a CSD-er, you could, for instance, organise leisure activities for and with young people so that they can develop themselves further. You participate in activities in the local community that contribute to a good, social living environment in a community and to the living together of people with different backgrounds (culture, age, education). You often cooperate with the local government, housing associations, the police department and educational institutions.

### **Recreation, tourism and sports**

You can work in the leisure industry, indoor and outdoor recreation, or as activity leader or organiser of active leisure activities for holiday organisations. You can be involved in sports promotion and consultancy.

### **Professional opportunities**

As a CSD-er you can do culturally and socially motivated work in the following industries: culture, recreation, tourism and sports, non-formal education, adult education or the local community.



### Social Work and Services

The Netherlands has a high level of social facilities, but that does not mean that there are no problems. Some people have become stuck in their daily lives. They have problems they can no longer solve themselves. As a social worker you are firmly rooted in society. You help people when they are no longer able to find the solution themselves. Their questions can vary: you can help people with relationship issues, financial issues or problems arising from a disability or loneliness. You have direct contact with individual clients as a social worker, but also with families, relatives or other relationships. A social worker assists people, advises them or mediates with organisations. The Social Work and Services course has a broad set up. In the course of your education you learn how to work together with other professionals such as doctors, nurses and psychologists.

#### Professional opportunities

As a graduate of the Social Work and Services course you can work in different fields as a social worker: in general social work organisations, health centres, hospitals, schools, community centres or the business sector. In organisations for the young and the elderly or institutions for people with a disability, addiction or a criminal history, such as probation services, psychiatry or care for addicts.

### Educational Theory

You are specialised in the development of children and young people up to 21 years old. Your goal is to help children to grow up into stable adults. You help children and young people in their general development or in a specific area of development. You work with children who develop normally, but also with children with a delayed development due to a disorder, unsafe upbringing or a disability. You work directly with the child on a one-to-one basis or indirectly by advising the parent or guardian of the child. You prevent the deterioration of development disorders and adjust them as well as you can.

#### Professional opportunities

As an educationist you stimulate the development of children and young people and you support the caregivers (parents and/or professional child care workers). You offer help in the field of orthopedagogy and you are attentive to signals that point to development disorders on a micro, meso and macro level. You set up and execute action plans to prevent and adjust signalled problems. You can judge the quality of an organisation and you can implement improvements. You are capable of researching and implementing innovative measures. As an educationist graduate you can work in, for instance, child care services, care services for the disabled, schools or information centres for young people.

### Social Educational Care

As a social educationalist you help people who are stuck and who can no longer take care of themselves, for instance because they have a physical or mental disability. Or you help children and parents who are not getting along anymore. But you can also deal with people who have come into contact with the law. You offer your clients social and (ped)agogic assistance, which they need to give shape to their lives. As a social educationist you offer as much help as possible in your clients' home. You help clients who temporarily live in an institution.

You usually work with other professionals by using a treatment plan. Together with your client you look for solutions to their problems. Subsequently, you assist them in realising the new solutions such as learning to deal with psychological or physical illnesses, teaching everyday behaviour, setting up a daily routine, living independently, starting a study, finding (and keeping!) a job or leisure activities.

The Social Educational Care course in Nijmegen focuses on learning how to use and work with creative means in the care for clients. With the help of drama, dance and movement, creative arts, sports and games, audio-visual means and job-related activities, you can teach people to use their head, heart and hands. This way you can communicate in a different way - without words - with your clients.

### Professional opportunities

As a social educationist you can work as an educationist counsellor or coach for families, a video home trainer (care provider) for children at home or as a coach for clients who live independently. You can also work as a care provider at a special needs school or a medical day care centre, as a sociotherapist in a therapeutic boarding school, as an organiser of activities in youth prisons or a psychiatric ward or as a group leader at an institution for the physically disabled. Social educationists also work as managers at health care facilities for the elderly or as an education worker in hospitals.

### Applied Psychology

The Applied Psychology course teaches you how to help people function better. At home, at work, on the sports field and in their spare time. You study your client's behaviour, emotions, experiences, intelligence, personality traits and life history. And you learn how to influence these aspects to improve the functioning of your client. How can I do better at work? I would like to break free from my loneliness, but how do I do that? How do I arrange my life now that I am a pensioner? How am I going to get a job after being out of employment for so long? Is this applicant suitable for this position?

You will deal with these types of questions as an Applied Psychology graduate. You work for individual clients or for clients in the business sector.

### Professional opportunities

With your Applied Psychology degree you can work in various fields. For example, in mental health care (prevention, primary mental health care, centres for psychological treatment, care for addicts) and health care services. But you can also work for large companies that invest in their employees' development, in reintegration companies, recruitment agencies, supporting educational services and in sports.







# Master Programmes

HAN Masters Programmes is an internationally renowned institute for professional Masters courses. New insights from applied research carried out directly at HAN are incorporated into the curriculum. In this way, our Masters courses are attuned to the demands of the workplace and society. In addition, the lecturers have exceptional personal commitment and the close contact with fellow students gives rise to valuable learning experiences and establishes lasting networks.

## HAN Research

Practice-based research at HAN University of Applied Sciences is multidisciplinary and relates to themes from the professional world. We share and develop knowledge in the professional field as well as extract knowledge from the professional field. This exchange acts as a catalyst for the development of our education. Research Centres of the Faculty of Health and Social Studies are:

### Quick and Optimal Recovery

Quick and Optimal Recovery fosters high-quality rehabilitation care by way of practice-based research and excellent education in collaboration with practitioners.

### Social Transition for Rural Areas

Through practice-based research, HAN researchers look for opportunities to increase the quality of life in rural areas, based on the needs of citizens.

### Talent Development

HAN Researchers investigate the identification and development of talent at different ages, focusing on fostering motor and cognitive development. Research is conducted in the following areas:

## Health

- Employment and Health
- Local Services from a Client Perspective
- Neuro-Rehabilitation
- Musculoskeletal Rehabilitation
- Sport, Nutrition and Lifestyle
- Chronic Care (e.g. Dental Care for the Elderly, Diabetes and Behaviour)
- Primary health care
- Innovation in health care

## Social Studies

- Planned Social Change
- Care of People with Intellectual Disabilities
- Autism through the Lifespan
- Key Factors in Youth Care

## Sports and Exercise Studies

- Talent Identification and Talent Development
- Health & Performance
- Sports Nutrition
- Lifestyle & Health promotion
- Sports Economics and Management



HAN offers a wide range of accredited Masters courses for professionals wishing to advance their career. These courses provide in-depth knowledge of the professional field and include a strong emphasis on research and management skills. They offer professionals wishing to advance their career (but also companies and institutions) in-depth subject knowledge and innovation. In this way, HAN creates a platform for people and organisations that hold lifelong learning in high esteem.

Markets, organisational developments and professional practice are becoming increasingly complex and demand highly educated experts. HAN Masters courses prepare proactive, curious professionals for management roles and are rooted firmly at the heart of practice. From the start of the course, Master students start solving complex problems in their professional practice. In an inspiring way, they link people and current scientific knowledge and translate this into practical applications. They are able to manage changes and innovations, in collaboration with professional practice. The courses are organised on a small scale. Highly qualified teachers from professional practice devote themselves to their students' development. Using fascinating and intriguing methods, they respond to current developments, new scientific insights from HAN research groups, social demands and practical dilemmas. The educational programme is given in the former Canisiuscollege in Nijmegen. In this stimulating environment, professionals build on their knowledge, experience and networks for the future. HAN Masters Courses offer an inspirational environment where students and professionals feel welcome.

### **HAN Masters Courses**

- **Management & Innovation**
- **Human Resources Management**
- **Social Work**
- **Educational Theory**
- **Neurorehabilitation**
- **Musculoskeletal Physiotherapy**
- **Advanced Nursing Practice**
- **Physician Assistant**
- **Business Administration in Health and Services**
- **Sports and Movement Innovation**

- **Automotive Systems taught in English**
- **Control Systems Engineering taught in English**
- **International Business taught in English**
- **Molecular Life Sciences taught in English**

### **NVAO accreditation**

The HAN Masters courses are NVAO accredited (NVAO is the Dutch Flemish Accreditation Organisation). Experienced lecturers are dedicated to maintaining this accreditation by continually updating the courses, thereby ensuring that they are of the highest quality.

### **Bachelors and Associate Degree programmes for professionals**

Professionals with some years of work experience can do special Bachelors (BA) and Associate Degree (AD) courses to further develop themselves in the field of management or the teaching profession:

- **Management in Health Care and Services BA**
- **Teacher Training Health Care and Welfare BA**
- **Education Assistant in Health Care and Welfare AD**
- **Coordinator in Health Care and Services AD**

### **HAN VDO Education and Consulting Centre**

HAN VDO Education and Consulting Centre supports employees and managers from health care organisations, welfare organisations, elderly and domiciliary care, education and the specific field of Human Resources and Health and Safety services with post-higher vocational education, courses, training programmes and with consultancy and advice plans.





# Exchange Courses

## Minors

Below, you will find the available courses for exchange students. You can find more information about these courses on this website: [www.han.nl/international/english](http://www.han.nl/international/english)

### EXCHANGE COURSES PER SEMESTER

**First Semester: August, 31 2015 until January, 27 2016**

#### Courses of 30 ECTS

- Creativity and Art at Work
- International Sustainable Development Cooperation
- Internationalisation
- Sport Performance Enhancement
- Speech and Language Therapy for Children and Adults
- The Voice at the Centre

#### Course which can be followed for 15 ECTS or 30 ECTS

- Public Health

**Second Semester: February, 1 until July, 2 2016**

#### Courses of 30 ECTS

- Creativity and Art at Work
- International Sustainable Development Cooperation
- Internationalisation
- Sport and Nutrition
- Sport Tourism

#### Course which can be followed for 15 ECTS or 30 ECTS

- Health Professionals in International Perspective

### EXCHANGE COURSES TAUGHT IN ENGLISH

#### Health Professionals in International Perspective 15 ECTS or 30 ECTS

Do you want to learn about healthy lifestyles? Are you interested in working together with Dutch and international health students?

The Health Professionals in an International Perspective course might be just the course for you. During the first part you will produce a report on a lifestyle intervention and on intercultural learning. You will present about lifestyle intervention during a mini conference. In the second part of the programme you produce a report based on a small piece of research, placed in an international context.

#### The working methods we use during the course:

- Working group
- Tutorial groups
- Assignments with a small group
- Visits to companies/organisations

#### Topics

- Healthy lifestyle
- Professional identity
- Cultural diversity
- Behavioural change models
- Intercultural communication

#### Type of course

This course is divided into two parts each of 15 ECTS. Participation options:

- Part One, 15 ECTS
- Part Two, 15 ECTS
- Whole Course 30 ECTS

This is a differentiation exchange course which enables you to develop your professional competences in a different and broader context. At the same time it is a specialisation exchange course: it enables you to deepen your skills and knowledge within your own professional profile.



## ECTS = European Credit Transfer and Accumulation System -credits

### Who?

Students of health related programmes: nutrition and dietetics, physiotherapy, occupational therapy, oral health or speech therapy.

### Admission and requirements

- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference)
- Basics skills in applied research

### Information

Institute of Health, Ms. Annemarie Nijhof  
E [annemarie.nijhof@han.nl](mailto:annemarie.nijhof@han.nl)

### Deadlines and application

Ms. Monique Nederhoed E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

### Internationalisation 30 ECTS

Register for the Internationalisation course offered at HAN University of Applied Sciences to develop an international perspective within your profession. Within this course you have the opportunity to do a suitable research assignment. The Internationalisation course helps you develop a wider perspective on the world and your profession. Your career takes on another dimension when given an international context as you reevaluate your own norms and values and your role as a professional, global citizen. This course covers globalisation, development cooperation and the relationship between the northern and southern parts of the world, as well as paradigm shifts, Public Health and the most common global diseases.

### Topics

- Organisation of healthcare provision
- Healthcare risks and prevention
- Cultural and paradigmatic differences
- Acculturalisation
- Diagnoses
- Epidemiology
- Language training
- Dilemmas
- Country knowledge

### Type of course

This is a differentiation course. A differentiation course enables you to develop your professional competencies in a different/ broader context.

### Who?

This course is designed for healthcare students in the broadest sense of the word. You may be studying, for example, Nursing, Physiotherapy, Dietetics, Nutrition or Speech and Language Therapy. You also have experience within social studies.

### Admission and requirements

- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference)
- You have completed professional tasks during a prior work placement assignment (i.e. you have had contact with clients in a professional setting)

### Information

Institute Nursing, Mr. Marc Elie  
E [marc.elie@han.nl](mailto:marc.elie@han.nl)

### Deadlines and application

Ms. Monique Nederhoed  
E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

### Public Health 15 ECTS or 30 ECTS

In this interprofessional minor you will learn to research a community health problem and develop a community based health promotion intervention. You will work in an international team on a public health topic (for example vulnerable elderly, youth, migrants, drug misuse). You will conduct field work and field research. The educational curriculum consist of different learning trajects: Theory and methods, skills, reflective learning and groupwork.

### Topics

- Defining health (in cultural perspective)
- Health risks, health indicators, health inequity, health determinants
- Health behavior
- Health research, Epidemiology in Public Health
- Project management, organizational skills
- Intercultural communication
- Working in a multidisciplinary team
- Literature search and Quantitative, qualitative and participatory research
- Presentation techniques

### Type of course

*De minor consist of two parts:*

The first part starts with a three weeks webbased programm performed in your home country. You are expected to be in Nijmegen from 21th of September until 27th of January 2016.

The first part is about health analysis. You will apply different research methods. If preferable it is possible to join only part one until 20th of November 2015 (15 ECTS).

The second part is to develop a community based health promotion intervention in your international group which will result in a symposium.

### Admission

Students with an interest in community work and health promotion - bachelor level in their third or fourth year (Nursing, Sports, Social studies, Paramedics).

### More information please contact:

Institute Nursing, Mrs. Gertrude Kuyvenhoven  
E [gertrude.kuyvenhoven@han.nl](mailto:gertrude.kuyvenhoven@han.nl)

### Sport and Nutrition 30 ECTS

During this exchange course you will learn how to give individual custom-made advice on sports nutrition. To be able to do this, you will analyse both the health and performance capacity of the person in question. You will also establish the athlete's personal goals and find out which factors, apart from nutrition, are of influence. Topics such as nutrition and dietetics, nutritional physiology and exercise physiology will be covered extensively. Because advice is given on an individual basis and the athlete in question is aiming to reach personal goals, you will also develop coaching skills during the course. Besides informing and guiding individuals, you will also learn how to develop an intervention plan for a group of athletes. The purpose of such a plan is to help athletes change their behaviour in the area of sport, nutrition and health. To skillfully approach and solve such behavioural issues, you need to have a good understanding of behavioural change and how to give

advice. You will gain this knowledge during the course. Also, you will write a scientific article, reviewing an important and discussed sport nutrition topic.

### Topics

- Energy and metabolism in sports
- Macronutrients and fluids in sports
- Micronutrients and supplements in sports
- Nutrition for young athletes and talent development
- Nutrition for competitive sport, aesthetic sport and extreme sports
- Nutrition for recreational sport and health

### Type of course

- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enrol in a Masters Course at a university of applied sciences).

### Who?

The course is suitable for students of the following Bachelors courses:

- Sport, Health and Management
- Physical Education Teacher
- Sports and Physical Education
- Physiotherapy
- Nutrition and dietetics

The course is also open to international students (English speaking) who have a background in either nutrition or exercise physiology (level will be evaluated before enrolment).

### Admission and requirements

- You have a basic knowledge of nutrition and exercise physiology.
- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference).



### Information

Institute of Sports and Exercise Studies, Ms. Kristin Jonvik  
E [kristin.jonvik@han.nl](mailto:kristin.jonvik@han.nl)

### Deadlines and application

Ms. Monique Nederhoed  
E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

### Sports Performance Enhancement 30 ECTS

During the Sports Performance improvement course you will learn how to lead and give advice to athletes, sports teams and trainers/coaches in the areas of exertion physiology, sport psychology and exercise theory. You will learn how to conduct various tests on athletes, including physical tests, questionnaires and exercise analysis, and how to translate the results into performance enhancing advice. The most important target group is talented young athletes and their trainers.

#### Topics

- Sport physiology
- Sport psychology
- Sport mechanics
- Exercise theory
- Talent identification
- Talent development

#### Type of course

- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enrol in a Masters Course at a university of applied sciences).

#### Who?

- You are interested in competitive sports.
- You are ideally studying to become a Physical Education teacher, or are studying Sport, Health and Management, Sports and Physical Education, Physiotherapy or Exercise Sciences.

### Admission and requirements

- You have successfully completed the 1st year of a higher vocational level course and have basic knowledge of exertion physiology, sport psychology and exercise theory.
- You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference).

### Information

Institute of Sports and Exercise Studies, Mr. Sebastiaan Platvoet  
E [sebastiaan.platvoet@han.nl](mailto:sebastiaan.platvoet@han.nl)

### Deadlines and application

Ms. Monique Nederhoed  
E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

### Sport Tourism 30 ECTS

Do you love sport, tourism, management and all related aspects? Then register for the Sport Tourism course offered at HAN University of Applied Sciences. In the Sport Tourism course you will research and analyse issues related to sport tourism. You will translate your findings into advice for organisations active in the field of sport tourism.

#### Topics

- The theory and practice of sport and tourism.
- Combining sport and tourism at a strategic level.
- Sport tourism events: cross-border sport tourism, sport and adventure.

#### Subjects

- Leisure activities
- Trends and development
- Sport-related activities and sport emotions
- Players in the field
- Developing strategy
- Sport tourism concepts
- Policy development
- Implementing sport tourism plans
- Sport tourism experience and emotion marketing



**Other possible subjects (in consultation)**

- Rehabilitation and training in sports and exercise education
- Sports and economy
- Integral health management
- Health promotion
- Sports and nutrition
- Strategic sports management
- Remedial exercise education

**Note**

Additional costs will be incurred during this course related to various external activities.

**Type of course**

- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a differentiation course: it enables you to develop your professional competencies in a different/broader context.

**Who?**

Register for this course if you are interested in tourism, outdoor activities and organising events.

**Admission and requirements**

You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference).

**Information**

Institute of Sports and Exercise Studies, Mr. Sebastiaan Platvoet  
 E [sebastiaan.platvoet@han.nl](mailto:sebastiaan.platvoet@han.nl)

**Deadlines and application**

Ms. Monique Nederhoed  
 E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

**International Sustainable Development Cooperation  
30 ECTS**

Drawing on your own professional expertise, you will work in a multidisciplinary project team on a relevant development cooperation theme. The team will put together a plan, implement it in a developing country with the support of an international development organisation and evaluate the results.

**Topics**

- Technical/economic development
- Welfare/community building
- Sustainability
- Ownership
- Knowledge of product development
- Participative planning methods
- Vision for development cooperation
- Intercultural aspects

**Practical focus**

Practical assignments are offered in coordination with businesses/ organisations in the field. While working on your practical assignment, you will draw on your own professional knowledge and international experiences. You will work closely with local partners and/or future users of the product.

**Work placement**

A 3 month work placement assignment in the Netherlands is a part of this course. You will be responsible for all travel and living costs, but can request a contribution from the organisation you are working with.

**Who?**

You are studying at HAN or in a foreign country and want to deepen your knowledge about development challenges and sustainable development. You are interested in transforming your existing skills to a global level in a multi-professional setting.

### Admission and requirements

- You can communicate in written and spoken English (at least level B2, according to the Common European Framework of Reference)
- Affinity with international development cooperation

### Information

Institute Social Studies, Mrs. AnneMieke Zaat

E [annemieke.zaat@han.nl](mailto:annemieke.zaat@han.nl)

### Deadlines and application

Ms. Monique Nederhoed

E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

## Creativity and Art at work 30 ECTS

### Head, Heart and Hands

In cooperation with your fellow students, you will form an organisation called Head, Heart and Hands. This organisation aims to stimulate the development and use of Artistic and Playful Media (e.g. music, drama and the visual arts) in social work and other work-related settings. During this course you will work to demonstrate that you can make a valuable contribution to this organisation.

### Topics

You will design a product that is new, relevant and practically beneficial for potential users in a specific professional situation. During this creative process, you will discover many of your own strengths and weaknesses. You will also help to establish an organisation and to supervise others using Artistic and Playful Media.

### Type of course

This is a specialisation course. This programme emphasises the creative, artistic-ludic profile (e.g. national profiling) and provides the opportunity to specialise within that profile.

### Who?

This course is primarily intended as a specialisation course for HAN Institute of Social Studies students. Students enrolled in other courses or from other organisations are welcome to

participate: this course has a growing number of students from outside the Social Studies domain. Admission and requirements Students from outside the programmes Cultural Social Work, Social Educational Care and Arts Therapies must demonstrate an affinity with Artistic and Playful Media (e.g. music, drama, the visual arts), in an active way if possible.

### Admission and requirements

- Students from outside HAN's Social Studies department must be able to demonstrate an active affinity with Artistic and Playful Media (e.g. music, drama, the visual arts).
- You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference).

### Information

Institute Social Studies, Mr. Pieter van Leeuwen

E [pieter.vanleeuwen@han.nl](mailto:pieter.vanleeuwen@han.nl)

### Deadlines and application

Ms. Monique Nederhoed

E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)

## EXCHANGE COURSES TAUGHT IN GERMAN

### Speech and Language Therapy for Children and Adults 30 ECTS

In this course the students deepen their knowledge and skills about speech and language therapy, using cases of less common speech and language disorders like aphasia and feeding disorders in children or residual aphasia. Some activities:

- Diagnosis, treatment and monitoring of client/client groups with complex disorders/diseases and their environment
- Creating and/or evaluating a protocol for the treatment of speech and language disorders, improving the quality of care
- Performing a literature review on the effectiveness of diagnosis and treatment
- Active collaboration with Speech and Language Therapy and other disciplines for the benefit of the quality of treatment and care of clients and their environment



### How

- Lectures and workshops
- Working groups
- Skills trainings

### Who?

The student:

- is studying Speech and Language Therapy
- has had 2 years of Speech and Language Therapy education
- has had at least 3 month of practical experience

### Information

Department Speech and Language Therapy,  
Ulli Hild or Jeanine Coopmans

E ulli.hild@han.nl / jeanine.coopmans@han.nl

### Deadlines and application

Ms. Monique Nederhoed

E monique.nederhoed@han.nl

### The Voice at the Centre 30 ECTS

In this course you will study up-to-date aspects of the normal and pathological voice, including speaking and singing voice. This course focuses on the coaching and training of professional speakers. It also looks at children and adults with diverse primary and secondary voice impediments or problems, and at other areas related to the voice.

### Topics

- Anatomy and physiology of the voice (from the children's voice to presbyphonia)
- Therapeutic aspects: from voice training to voice rehabilitation
- Voice – while speaking and singing
- Current therapiessuch as Lichtenberger, CVT and EVT, Linklater
- Speech and ergonomics: acoustical aspects, voice use in different situations, working with and using voice amplification, spatial layout
- Consequences of emotions and stress on the voice

- Neurological disorders affecting the voice such as dysarthria, vocal cord paralysis, <http://www.medicinenet.com/script/main/art.asp?articlekey=13856>"spasmodic dysphonia
- Vocal rehabilitation after surgical procedures
- Manual facilitation of the larynx as a diagnostic and therapeutic tool
- Technical measurement and analysis: manual phonetography, clinimetrics (spectograms) / Sound Editor (Praat), GRBAS(I)
- Presentation techniques and skills such as microphone use, voice amplification, spatial layout
- Drama / theatre / music

### Teaching methods

- Lectures and workshops taught by specialists in the field
- Seminars
- Skills training and practical hands-on work
- Role play

### Who should apply?

Students who:

- have successfully completed 2 years of Speech and Language Therapy education (90 ECTS)
- have carried out an internship of at least 3 months

### Information

Department of Speech and Language Therapy  
Tinka Thede

E tinka.thede@han.nl

### Deadlines and application

Monique Nederhoed

E monique.nederhoed@han.nl





## Exchange Placements/Applied Research 10-30 ECTS

Some exchange students prefer to stay at our university for a placement or applied research. Below you will find all options, organised by institute.

### HEALTH STUDIES

#### Occupational Therapy

##### Applied Research

If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Occupational Therapy. The research has to account for 15-30 ECTS, but this is also related to your research question.

#### Physiotherapy

##### Applied Research

If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Physiotherapy. The research has to account for 15 ECTS, but this is also related to your research question.

#### Nutrition and Dietetics

##### Applied Research

If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Nutrition and Dietetics. The research has to account for 15-30 ECTS, but this is also related to your research question.

**Information** Institute Health Studies, Ms. Annemarie Nijhof  
E [annemarie.nijhof@han.nl](mailto:annemarie.nijhof@han.nl)

#### Dental Hygiene

##### Placement

As a student you have the following placement options:

- In a private practice, general dentistry, orthodontology, youth dentistry, hospital, youth dentistry organised and parodontology practices.
- Restorative skills. The placement can last from 3 to 6 months.

##### Other options

- During the exchange, the student may also take a block in restorative dentistry.

- For 10 weeks, students will practice two days a week in a pre-clinical setting in doing class I preparations and restorations.
- Lectures in dental caries diagnostics and work meetings will be scheduled in support of this option.

**Information** Institute Dental Hygiene, Ms. Rika Verdoorn  
E [rika.verdoorn@han.nl](mailto:rika.verdoorn@han.nl)

### SPORT AND EXERCISE STUDIES

##### Applied Research

If you are competent enough as a student to conduct literature research on your own, there are options to do applied research in Sport and Exercise Studies. The research has to account for a maximum of 15 ECTS, but this is also related to your research question.

**Information** Institute Sport and Exercise Studies, Mr. Sebastiaan Platvoet  
E [sebastiaan.platvoet@han.nl](mailto:sebastiaan.platvoet@han.nl)

### NURSING

##### Applied Research

In consultation, students can assist in doing research in existing projects of several professorships, namely:

- Long-term Intensive Care
- Work and Health
- Acute Care and Clinical Intensive

**Information** Institute Nursing, Mr. Marc Elie  
E [marc.elie@han.nl](mailto:marc.elie@han.nl)

### SOCIAL STUDIES

##### Placement

For Dutch speaking students there are some possibilities but these are limited. Each application will be handled individually.

**Information** Institute Social Studies, Mrs. Monique Nederhoed  
E [monique.nederhoed@han.nl](mailto:monique.nederhoed@han.nl)



# Dutch Higher Education

**In Dutch higher education, we distinguish between two types of universities: research universities and universities of applied sciences, such as HAN University of Applied Sciences. Universities of applied sciences train students for specific professions and are more practice oriented.**

## Bachelors courses

The four-year courses (240 ECTS credits) at HAN prepare students to become professionals with a Bachelors qualification. The courses constitute the first cycle of the European Bachelor-Master structure.

## Dutch Higher Education Qualifications

The Dutch Higher Education Qualification Framework (2008) describes the qualifications and demonstrable learning outcomes for three qualification levels in such a way that they can be properly interpreted in the international context. It also defines the interrelationships between the qualifications.

## Reputation

Dutch higher education has a good reputation. Students who have obtained a degree from a university of applied sciences are well qualified to work within their discipline. Like most other universities of applied sciences, HAN maintains close ties with the professional field. Its graduates are very successful in the labour market.

## Bologna Treaty

With the Bologna Treaty, the European Ministers of Education agreed to make study programmes in higher education more compatible. This is why the Bachelor-Masters system has been

introduced all over Europe. At HAN, a Bachelors course entails four years of full-time study. Most Masters courses require one additional year.

## Major Course

Bachelors courses consist of a major and a minor, or elective subject. During their major, students develop the necessary knowledge and skills for their future professions. A large part of the course is spent analysing and solving problems in groups. It also includes a work placement of at least half a year. The minor is a one-semester course that stimulates students to deepen or broaden their knowledge.

## Credit System and Grading

A student's workload is measured according to the European Credit Transfer System [ECTS]. According to Dutch law, one credit represents 28 hours of work and 60 credits represents one year of full-time study. The grading system used in the Netherlands is on a scale from 1 (very poor) to 10 (outstanding). The lowest pass grade is 6; a grade 9 is seldom given, a 10 is extremely rare, and grades 1-3 are hardly ever used. The academic year is 42 weeks long.

## Information

[www.studyinholland.nl/education-system/dutch-grading-system](http://www.studyinholland.nl/education-system/dutch-grading-system)



### Admission Exchange Students

If you are a student at a university that has a bilateral agreement with HAN University of Applied Sciences you are eligible to study at HAN as an exchange student. Potential exchange students must complete the following admissions procedure:

- The university's International Office or relevant department must first contact HAN's International Office, Campus Nijmegen or relevant department to discuss the possibilities of an exchange.
- If both universities agree to an exchange, the student concerned must complete and send the application for admission a learning agreement and all other requested documents to HAN's International Office, Campus Nijmegen.
- Once HAN's International Office, Campus Nijmegen has received the necessary documents, the student will be contacted.

### Deadlines

1st semester: 1 June

2nd semester: 1 November

### Information

[www.han.nl/international/english](http://www.han.nl/international/english)

### ACADEMIC CALENDAR 2015-2016

The academic year 2015-2016 starts on 17 August 2015 and ends on 28 August 2016.

### Semester division

The academic year is divided into 2 semesters of 19 teaching weeks.

#### The first semester

*Starts on 31 August 2015 and ends on 30 January 2016.*

#### The second semester

*Starts on 1 February 2016 and ends on 2 July 2016.*

### Holidays

Christmas Day	25 December 2015
Boxing Day	26 December 2015
New Year's Day	1 January 2016
Good Friday	25 March 2016
Easter Sunday	27 March 2016
Easter Monday	28 March 2016
King's Day	27 April 2016
VE Day	5 May 2016
Ascension Day	5 May 2016
Whit Sunday	15 May 2016
Whit Monday	16 May 2016

### Description of Dutch Higher Education qualifications

EQF LEVEL	YEARS OF STUDY	TITLE	TYPE OF INSTITUTION
Level 6	4 years [240 ECTS]*	Bachelor/General	University of Applied Sciences
Level 7	1 to 2 years [60-120 ECTS]	Professional Masters	University of Applied Sciences
Level 8	Normally 4 years, not indicated	PhD	Research University

\* ECTS = European Credit Transfer and Accumulation System - credits





# Studying at HAN

**At HAN you will find everything to ensure a smooth study time. And there is always lots to do in Arnhem and Nijmegen!**

## Study and leisure

In our 5 Multimedia and Study Centres you can research written and digital sources in a peaceful and quiet setting. Your HANaccount gives you access to a variety of IT facilities, including wireless internet. If you want to play sports during your study, you are welcome at the different students' sports associations in Arnhem and Nijmegen. The HAN's facilities provide you with a rich study environment.

## Study Centres

The HAN's study centres are facilities to be proud of. Here you'll find a great collection of books, magazines, graduation papers, videos and DVDs, and much more. You can easily search through library catalogues and databases. HAN offers 5 study centres - 2 in Arnhem and 3 in Nijmegen. In these study centres you can research both paper and digital sources, or take your time and work on an assignment or presentation. The HAN study centres are more than just libraries with multimedia facilities. Of course you can search through books, magazines, reference books and graduate papers. But you also have access to DVDs, CDs, CD-ROMs, digital information sources and streaming video. And with RSS you are always up to date on the latest news. As a HAN student you can watch streaming video and use online databases, and you can edit movies using

a virtual cutting machine. Of course you can then place them in a webpage or PowerPoint presentation to give your product just that little bit extra.

## IT

A large part of your study will take place online: with your HANaccount you can log in to your mailbox and, using the virtual learning environment HAN-Scholar, you can exchange information, assignments and results with your fellow students and lecturers. Nice and easy. Virtual Learning Environment You can access HAN-Scholar, the HAN's virtual learning environment (VLO), from home and on campus. Here you can discuss and chat with other students, hand in assignments, and check your grades. Lecturers post announcements and new assignments here. By using HAN-Scholar, you are always directly connected to HAN.

## HAN Insite: Our Intranet

Using Insite, the intranet of the HAN, you can stay up to date with the latest news about your course.

You can place announcements and advertisements on the bulletin board, and find everything you need to know about a wide range of things, like courses and timetables.



### HAN-wireless

HAN has a wireless network available at several locations. Are you a HAN student with a note-book computer? Then you can use this network and be online any time at any place.

### Sport

If sports are important to you, you are in for a treat in Arnhem and Nijmegen. There are tons of possibilities for filling your free time with sports activities - and often at a reduced student tariff.

### HAN Seneca

HAN Seneca offers you a place to do fitness and work on your health individually or under supervision. HAN Seneca is Nijmegen's Expertise Centre for sports and health, and is more than just a sports facility. This is also the place for physiotherapy, dieting advice and clinics.

### University Sportscentre Gymnasion Nijmegen

With a student's USG sports card, you have access to all sports associations at the University's Sport Centre. Amateurs and experts alike can have a go at climbing, capoeira, squash, judo, fitness and more. You can make your student life as sporty as you want!





# Living in the Netherlands

**The Netherlands (also known as Holland) may be small in size, but its economy and culture definitely are not!**

## THE NETHERLANDS

In addition to having a modern economy with a high quality services sector, the Dutch are internationally recognised leaders in water management. The eastern part of the country, where HAN University of Applied Sciences is situated, is an attractive location for multinational companies because it is between the major port of Rotterdam and the German industrial area. The Netherlands is also successful in the arts and sciences. In the past, Rembrandt and Vincent van Gogh made Dutch painting famous; today Rem Koolhaas is known around the world for his architectural designs. Among our Nobel Prize winners are the well-known brothers Jan and Nicolaas Tinbergen, who contributed to the sciences of economics and biology.

## Nijmegen

You're sure to have a great time when you come and live in Nijmegen. The oldest city in the Netherlands has lots of fun things to offer!

## After Campus time

After finishing your classes and meetings with your classmates on campus, you'll find loads of fun things to do to relax and experience new things. One big advantage of studying in Nijmegen is the huge campus, which is home to Radboud University of Nijmegen. This results in a great collaboration between the two and a number of extras for you as a HAN-student.

## Sport

First of all, there is the university's sports complex, which you can use for a small fee. It's fun to exercise with your friends and classmates, or to just relax by yourself. There are also a number

of student clubs where you can play sports like hockey, soccer and volleyball, and, of course, relax afterwards.

## Citylife

Nijmegen is a real student city. All over town there are good cafés and places to dance and have a good time. Most of them are located in the town centre, but there are also large venues on the other side of town that host great parties on a regular basis. There are also a lot of student associations where you can become a member.

## Nightlife

Before you go out and party, you can choose from the many restaurants Nijmegen has to offer. You can enjoy food from all over the world at student-friendly prices. There are also lots more things to do in Nijmegen apart from just eating and enjoying the nightlife. Shopping, of course, is popular and there are a number of good choices of stores.

## Housing

When you come to Nijmegen as an exchange student, you can make use of the housing facilities of the HAN University of Applied Sciences, Faculty of Health and Social Studies.

## The student complex

The Vossenveld student hall is located in the southwest of Nijmegen near the Maas-Waal Canal. At this student complex, over 660 students have their own self-catering accommodation. The distance to the city centre and HAN is 20/25 minutes (bus or bike). During the day every 10 minutes there is a bus for the city centre, in the evening every 20 minutes. Nearby you can also find a shopping centre/ GP.





### **The rooms**

The Vossenveld building is divided in several floors with 9 single rooms each. The kitchen is fully equipped. Each student has his/her own room. The rooms are furnished with a bed, armchair, desk and chair. Each room has its own shower. All rooms have Internet access. Each floor has its own washing machine.

### **Admission**

Within the application for admission you are able to apply for accommodation. Please be aware that your application for admission must be sent to HAN's International Office, Campus Nijmegen before the deadline.

### **History**

Nijmegen is the oldest city in the Netherlands and is rich in culture and history. Visit one of the museums – most even offer a student discount. So come and discover Nijmegen for yourself!





## More information

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