

# Faculty of Health and Social Studies

Information guide for international students and partners

Exploring the world, enhancing your skills

> Meet the HAN Faculty of Health and Social Studies, the Netherlands

H A N

# Got your sights set on an international course?

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Inspiring environment. Innovative and skilled professional staff. International student body. These are just some of the ingredients that make up HAN University of Applied Sciences in the Netherlands.

We make it our business to offer higher education of an outstanding quality to students across the globe. It is our goal to prepare each of our students to meet the unique challenges found in today's working world. Our skilled professionals accomplish this by combining practical education methods with specialised, internationally focused teaching.

One of the key benefits of our courses is that we fully support our students' development, knowledge and expertise by offering them a global perspective. Our approach is to weave international business practices into our teaching activities. That is why we attract international staff and students to our institution, making our campuses truly diverse environments.

Located in the historic eastern Dutch cities of Arnhem and Niimegen, the campuses of HAN University of Applied Sciences offer outstanding professional courses to over 33,000 students. HAN has even been ranked top provider of Masters courses in the Netherlands. What makes our education so unique? Our courses combine a solid theoretical basis with practical application in the field so that students are well positioned to enter the job market as soon as they graduate. All courses at HAN University of Applied Sciences are accredited by the Dutch Ministry of Education and the Accreditation Organisation of the Netherlands and Flanders (NVAO).

### Study & the Netherlands

Whether you call it Holland or the Netherlands, it is the chosen study destination for over 112,000 foreign students each year. The cultural diversity represented by more than 190 nationalities makes the Netherlands the perfect place for the exchange of knowledge, ideas and cultures. Besides this cosmopolitan atmosphere, it is also one of the top 25 safest countries in the world. With their open and direct manner, the majority of Dutch people also speak English along with another foreign language,

like German or French. Recently, the Netherlands was even ranked number one on English proficiency out of 72 countries where English is spoken as a second language. So you do not have to learn Dutch in order to study here. As a foreign student you will notice how welcoming and tolerant the Dutch are, a mentality that has been engrained in the Dutch culture throughout its rich international history.



What also characterises this internationally oriented country is its strong and stable economy, along with highly innovative entrepreneurial climate. The Netherlands is the fourth most competitive economy in the world and has a leading position in the export market despite its small size. So there is little doubt why economics is the most popular area of study for foreign students, with 26,936 students enrolled in 2016 alone. The Dutch are also known for being at the forefront of innovations in technology. Around 16,600 foreign students came to Holland in 2016 to benefit from the Dutch innovative spirit and the highly specialised know-how in science and engineering.

# **HAN University** of Applied Sciences

### **Fields of study**

HAN University of Applied Sciences offers just about every type of professional course in a wide range of fields: education, social studies, commerce, communication, business administration, law, economics, engineering, built environment, applied sciences. IT and communication, health, nursing, and sport and exercise. Students can choose from a total of 63 Bachelors courses, numerous exchange courses and 19 Masters courses.

### **Education system**

Known for its high-quality education and research, along with its international study environments, the Netherlands has two main types of higher education institutions: research universities and universities of applied sciences. So what is the difference? Research universities focus solely on the independent practice of research-oriented work in an academic or professional setting. Universities of applied sciences offer their students professional courses in the areas of applied arts and sciences. Research is also carried out at universities of applied sciences, but it is always practice-based and aimed at renewing professional practice. It is also directly integrated into the study programmes.

### **Study environment**

At HAN, we ensure that the study environment is perfectly suited to the personal and professional development of our students. Our classrooms therefore have a small scale set-up, with 20-30 students in a class, ensuring that each student receives plenty of personal attention. Moreover, the interactive and student-centred style adopted by our teaching staff gives students the needed guidance as well as the freedom to develop professionally. HAN also offers student coaching throughout all years of study to facilitate personal and professional development. The study coach is also the first point of contact for students who have questions about their study programme or personal matters.

HAN is proud to have a teaching staff with successful international careers, which offers students the best of both worlds when it comes to theory and practice. To stimulate development in practice, we offer work placements in the Netherlands and abroad, as well as practice-based assignments as part of our curriculum. This gives our students the opportunity to gain practical work experience in their chosen field. Experience that will strengthen their CV and help them get started or develop further in their chosen career.

### Integration of theory and practice

At HAN University of Applied Sciences, the starting point of our education is the integration of theory and professional practice. We strive to let our students tackle concrete problems and opportunities facing the workplace today using the latest theoretical insights. Professional tasks therefore play a crucial role: students continually work on case studies taken from professional practice. During the work placement students are given the ultimate challenge of putting their theoretical knowledge into practice by solving real problems in real working environments. Problem solving is therefore a key focus in curriculum development at HAN.

Professionals from industry and the business world also contribute to curriculum development at HAN, ensuring that the courses are up to date and relevant. By tailoring the courses to industry requirements, students have a clear advantage in the career market. Applied research also plays an important role in the study programmes at HAN. Insights and research products developed within HAN's six research centres flow back into the professional field and education. This means that students have access to the latest insights and can even get hands-on experience in cutting-edge research!





Higher

# **The Dutch** education system

Most Masters degrees offered by research universities require completion of 60-90 credits. Those in engineering, mathematics, natural sciences and agriculture require 120 credits; in pharmacy, dentistry, medicine and veterinary medicine, 180 credits. Some research universities offer 2-year professional

doctorate programmes in engineering (PDEng).

**Research Universities** 

Dutch g 8.0 - 10.0 7.0 - 7.9 6.4 - 6.9 5.8 - 6.3 5.5 - 5.7



HAN University of Applied Sciences is partnered with more than 280 institutions around the world.

Most Masters degrees offered by universities of applied sciences require between 60 and 120 credits. Degrees in architecture, urban planning and landscape architecture require 240 credits.

rades	Letter grades	Definition
0	А	Excellent
	В	Very good
)	С	Good
3	С	Satisfactory
7	E	Pass
	F	Fail

→ indicates a right to access

of selection or bridging requirement may apply

# Faculty of Health Located in Nijmegen and Social Studies

A key aim of the Faculty of Health and Social Studies is the development of our students' knowledge and expertise from a global perspective. Our approach is to embed internationalisation within our teaching activities. In order to create a truly international environment at our campus in Nijmegen, we warmly welcome international students and staff.

This brochure is dedicated to describing our exchange courses taught in English that we have to offer. These courses and the 12,000 students studying at the Faculty of Health and Social Studies are spread over 4 domains:



### **Health Studies**

Health Studies aim to contribute to the quality of life and health of people by training professionals, conducting research and offering social services. The goal is to train future professionals in a competence-oriented curriculum, with a focus on the student's development in the professional field. Health Studies educates professionals for the medical and social domain.

### **Our 4-vear Bachelors courses** taught in Dutch:

- → Occupational Therapy
- → Physiotherapy
- Speech and Language Therapy
- → Nutrition and Dietetics
- → Dental Hygiene

### Our exchange courses taught in English:

- → Health professionals in International Perspective
- → Spinal Musculoskeletal Physiotherapy

Placement possibilities:

For Dental Hygiene students we have some possibilities to offer. Please contact for more information international.ggm@han.nl



### Nursina

Nurses provide highly complex and evidencebased care to patients and their support networks, with a focus on (potentially) disrupted health patterns. They work in a multi-professional team, with respect for the patient and according to the principles of responsiveness. They are part of a multicultural society and anticipate the needs of individuals and groups of diverse care recipients. They are capable of creating the conditions needed for organising care and providing quality health care.

### **Our 4-year Bachelors courses** taught in Dutch:

→ Nursina → Allied Medical Care

Our exchange courses taught in English:

- Internationalisation in Nursing
- → International Public Health



### **Sports and Exercise Studies**

Doing sports is not only healthy, but above all fun! Nowadays Dutch people consider sports and exercise to be increasingly important. The demand for sports and health managers, sports teachers and other sports professionals has grown. If you have a passion for sports and exercise and if you want to become professionally innovative in this field, you can choose from two Bachelors courses or three exchange programmes:

### Our 4-year Bachelors courses taught in Dutch:

- → Applied Sport Sciences
- → Physical Education Teacher

Our exchange courses taught in English: → Sports Nutrition → Sports & Talent

→ Sport Event Marketing



### **Social Studies**

Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Students in the domain of Social Studies learn to effectively apply their help and service providing abilities, their creativity and organisation talents.

### **Our 4-year Bachelors courses** taught in Dutch:

→ Arts Therapies & Psychomotricity → Social Work → Educational Theory → Applied Psychology

### Our exchange courses taught in English:

Creativity and Art at Work The Intercultural Social Professional Autism through the Lifespan

### Placement possibilities: We have limited possibilities for Dutch speaking students. For more information, please contact international.ggm@han.nl

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### Health Professionals in **International Perspective**

How does culture affect the way we eat, live and communicate? How can we best deal with these cultural differences in the health profession? And what role does social media play in all this? Find out more by signing up for the Health Professionals in International Perspective exchange course. This practical, inspiring course will broaden your perspective on the health profession. Your classmates will be a mix of Dutch and international students.

### What will I learn about?

- → Food and culture around the globe (A)
- → The international health professional (B)
- → Trending topics and social media (C)
- → The health professional as a global citizen (sustainability) (D)

These four topics (A-D) are separate parts of the course. They are each worth 7.5 ECTS credits. You can follow one or more parts separately on request. Part A is compulsory.

### How will I learn?

You'll attend lectures and tutorials, do assignments and go on a field trip. For each part of the course you'll put theory into practice by:

- → Producing a video report on food, culture and communication (A)
- → Producing a booklet with best practices (in a group) and making a 1-page profile about your professional identity (B)
- → Creating a digital tool and giving a presentation about a trending health topic (C)
- → Creating a sustainable and innovative product and writing a personal reflection on your intercultural skills (D)

### A good match for me?

- → Are you studying in a health-related field such as nutrition and dietetics, physiotherapy, occupational therapy, oral health or speech therapy?
- → Are your English language skills at a B1 level
- or higher?

Kay fact

→ Do you know the basics of applied research?

If your answer to these questions is yes, then this course will be a great match for you!

Key facts	
Domain:	Health Studies
Offered in:	Semester 2 (Feb-Jul)
Location:	Nijmegen Campus
ECTS credits:	7.5, 15, 22.5 or 30
More info:	www.han.nl/english
Contact:	international.ggm@han.

### Spinal Musculoskeletal Physiotherapy

Are you a physiotherapy student wanting to sharpen your critical thinking and decision-making skills? Are you looking for some hands-on experience? Would you like to treat and coach clients with musculoskeletal spinal problems? Sign up for this course and find out how you can really make a difference to your clients!

### What will I learn about?

- → Musculoskeletal spinal function and dysfunction
- → Musculoskeletal and manual therapeutic techniques
- → Identification of functional and dysfunctional
- movements
- → Clinical reasoning and evidence-informed practice
- → Development of problem-specific interventions

This course is divided into two parts. Each part is worth 15 ECTS credits. You can complete part 1 by itself or parts 1 & 2.

### How will I learn?

During the course you'll learn by participating in:

- → Lectures
- → Tutorials
- → Practical lessons
- → Literature review sessions (journal club)
- → Self-guided meetings with fellow students (to develop your theoretical knowledge and practical skills)



Domain: Location: Contact:

### A good match for me?

→ Are you studying physiotherapy and already have at least 90 ECTS credits?

- → Are your English language skills at a B1 level or higher?
- → Do you have some internship experience?

If your answer to these questions is ves, then this course will be a great match for you!

'Health is the ability to adapt and to self-manage, in the face of social, physical and emotional challenges'. Huber (2011)



Key facts Offered in: ECTS credits: 15 or 30 More info:

**Health Studies** Semester 1 (Sep-Feb) Nijmegen Campus www.han.nl/english international.ggm@han.nl

### Internationalisation in Nursing

Have you ever wondered how healthcare is set up in different parts of the world? Do you want to develop a global perspective of your profession? To reevaluate your own norms and values and your role as a professional, global citizen? Then register for the Internationalisation in Nursing course and give a new dimension to your Nursing career!

### What will I learn about?

- → Organisation of healthcare
- → Healthcare risks and prevention
- → Cultural and paradigmatic differences
- → Acculturalisation
- → Diagnoses
- → Epidemiology
- → Language training
- → Dilemmas
- → Country-specific nursing rules



### How will I learn?

During the course you will learn through:

- → Assignments
- → Group activities
- Training and individual study
- → International clinical placement assignment or research assignment

The course consists of 2 parts. Each part is worth 15 ECTS credits. In the 1st part you do 8 weeks of full-time study. In the 2nd part you do a research project. These are limited, so you need to apply early! You can choose to do part 1 only or the entire course.

### A good match for me?

- → Are you a student of Nursing?
- → Are your English language skills at a B1 level or higher?
- → Have you completed professional tasks during a prior work placement (e.g. have you had contact with clients in a professional setting)?

If your answer to these questions is yes, then this course will be a great match for you!

### Key facts

Domain:	Nursing
Offered in:	Semester 1 (Sep-Feb)
Location:	Nijmegen Campus
ECTS credits:	15 or 30
More info:	www.han.nl/english
Contact:	international.ggm@han.nl



### International Public Health

Would you like to investigate a community health problem? A problem related to youth, migrants or the vulnerable elderly, for example? And would you like to work on solving this problem by developing a health promoting intervention? Sign up for the International Public Health course and become part of an inspiring international team of students and professionals!

### What will I learn about?

- → Public health in a global perspective
- → Health in a cultural perspective
- → Health risks, health indicators, health inequity, health determinants
- → Health behaviour
- → Health research and epidemiology in public health
- → Project management and organisational skills
- → Intercultural communication
- → Presentation techniques

### How will I learn?

During the course you will learn by:

- → Following lectures and tutorials in Nijmegen (from 2nd week of September)
- → Participating in an interdisciplinary project team
- → Finalising the team project and preparing your
- individual portfolio
- → Presenting your results at a symposium

This course is divided into 2 parts. Each part is worth 15 ECTS credits. In the 1st part you do research on a health problem. In the 2nd part you develop a health promoting intervention. You can choose to follow part 1 only or do the entire course.

- or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### Key facts Domain: Offered in: Location: ECTS credits: 15 or 30 More info:

### A good match for me?

→ Are you in your 3rd or 4th year of your studies? → Are you interested in community work and

health promotion?

→ Are your English language skills at a B1 level

→ Are you willing to take part in a Skype interview to discuss your motivation?

Contact:

Health Studies Semester 1 (Sep-Feb) Nijmegen Campus www.han.nl/english international.ggm@han.nl



### **Sports Nutrition**

How can nutrition affect athletic performance? What sort of nutritional advice should you give to individual athletes? And how can you encourage them to change their behaviour when it comes to sport, nutrition and health? This practical course gives you the tools to effectively coach individual athletes on these topics. It also teaches you how to develop a nutrition intervention plan for a group of athletes. Sign up for the Sports Nutrition course and learn how to guide athletes to success!

### What will I learn about?

- → Energy and metabolism in sports
- → Macronutrients and fluids in sports
- → Micronutrients and supplements in sports
- → Nutrition for young athletes and talent development
- → Nutrition for competitive sport, aesthetic sport and extreme sports
- → Nutrition for recreational sport and health

### How will I learn?

During the course, you will learn by participating in:

- → Online lectures
- → Study groups
- → Tutorials
- → Guest lectures
- → Practical sessions

### A good match for me?

- → Have you completed the 1st year of a programme related to sports or nutrition (for example, Sport, Health and Management, Physical Education Teacher, Sports and Physical Education, Physiotherapy, Nutrition and Dietetics)?
- → Are your English language skills at a B1 level or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### **Key facts**

Domain:	Sports and Exercise Studies
Offered in:	Semester 1 (Sep-Feb) and 2 (Feb-Jul)
Location:	Nijmegen Campus
ECTS credits:	30
More info:	www.han.nl/english
Contact:	international.ggm@han.nl

### Sports & Talent

Are you interested in developing and identifying talented young athletes? Would you like to conduct research for a professional sports organisation? To provide them with practical advice for identifying and developing their talented young members? Sign up for the Sports & Talent course and help pave the way for the athletes of the future!

### What will I learn about?

### → Talent identification

- → Talent development
- → Sport physiology
- → Sport psychology
- → Technical and tactical sport skills
- → Motor learning

### How will I learn?

During the course, you will learn by:

- → Lectures and guest lectures
- → Workshops
- → Practical lessons
- → Seminars
- → Professional development lessons
- → Practical assignment at a sport organisation

All educational activities are organised at Papendal, the National High Performance Centre in Arnhem. You are responsible for your own travel costs between Nijmegen and Arnhem.



→ Are you interested in competitive sports, talent identification and talent development? → Have you completed the 1st year of a sports-related degree programme (such as Physical Education Teacher Training, Sport, Health and Management, Sports Exercise Education, Physiotherapy or Sports and Exercise Sciences)? → Do you have basic knowledge of sport physiology, sport psychology and/or exercise theory? → Are your English language skills at a B1 level

- or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### A good match for me?

ECTS credits: 30

Sports and Exercise Studies Semester 1 (Sep-Feb) Papendal in Arnhem www.han.nl/english

international.ggm@han.nl

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### Sport Event Marketing

Have you experienced the sensation of a sporting event? Would you like to be able to create that amazing feeling for others? To make a resounding success out of sport events? This course gives you the tools to do so. For example, how to set up a solid business plan for a sport event. And how to create. implement and evaluate an online marketing strategy. You also learn how sport events are important for society. How they can stimulate tourism and the economy. Sign up for this course and learn how to create sport events that add unique value for the spectator and the local region!

### What will I learn about?

- → Sporting events as a unique experience
- → (Online) marketing strategies for sport events
- → Measuring the effectiveness of online marketing campaigns
- → Business models for sporting events
- → Leisure and tourism aspects of regional and city marketing
- → Economic impact of sports events

### How will I learn?

- During the course, you will learn by participating in:
- → Lectures
- → Seminars
- → Excursions
- → Tutorials
- → Project-based education

### A good match for me?

- → Are you studying economics, commerce, international business, sports and/or marketing?
- → Do you have an interest in international business, sport events and sport marketing?
- → Are your English language skills at a B1 level
- or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### **Key facts**

Domain:	Sports and Exercise Studies
Offered in:	Semester 2 (Feb-Jul)
Location:	Nijmegen Campus
ECTS credits:	30
More info:	www.han.nl/english
Contact:	international.ggm@han.nl



### Creativity and Art at Work

Do you have a passion for music, drama or the visual arts? Would you like to learn how to integrate these into your profession? To remove barriers and help people discover new ways of seeing? During this course you and your classmates will be part of an organisation called Head, Heart and Hands. This organisation stimulates the use of artistic and playful media in social work and other professions. So that means working with your head, heart and hands. Sign up for this course and explore fun and creative ways of finding new and unexpected solutions!

### What will I learn about?

- → Drama → Visual arts
- Music
- → Creative techniques
- → Theory about creativity
- → The playful refuge as a methodological tool

### How will I learn?

During the course, you will learn by participating in:

- → Lectures
- → Tutorials
- → Workshops
- Good practices
- → Presentations
- Practical work

Your final learning aim is to design a product that is new, relevant and beneficial for potential users in a specific professional situation. During this creative process, you discover many of your own strengths and weaknesses. This will be a great benefit for your personal and professional development.

Domain: Offered in: Location: ECTS credits: 30 More info: Contact:



### A good match for me?

→ Are you studying social work? OR → Do you have an active interest in artistic and playful media (e.g. music, drama, the visual arts)? → And are your English language skills at a B1 level or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### Key facts

Social Studies Semester 1 (Sep-Feb) and 2 (Feb-Jul) Nijmegen Campus www.han.nl/english international.ggm@han.nl



### The Intercultural Social Professional

Do you aim to work in an international or intercultural environment? Do you strongly believe in the 'inclusive society'? Where everyone gets a chance to contribute no matter what their background is? Then sign up for this course and gain valuable, practical experience working as an intercultural social professional! Your own professional knowledge and intercultural experiences are naturally a key focus of this course. At the same time you work closely with Dutch and international HAN students and professionals.

### What will I learn about?

- → Intercultural communication
- → Use of creative media
- → Science of play
- Human rights
- → Capabilities approach
- → European refugee policy
- → Dutch social work in an intercultural context

### How will I learn?

- → Lectures
- → Self-study
- → Practical assignments
- → Work placement \*

\* The work placement is done at an organisation in the Netherlands for 16 weeks. Please note that you are responsible for all travel and living expenses.

### A good match for me?

- → Do you aim to work at an international institute, business or community?
- → Are you willing to work directly with colleagues in the field of intercultural social work?
- → Are you interested in international social work and cultural activities?
- → Are your English language skills at a B1 level or higher?

If your answer to these questions is yes, then this course will be a great match for you!

### Key facts Do

Domain:	Social Studies
Offered in:	Semester 1 (Sep-Feb) and 2 (Feb-Jul)
Location:	Nijmegen Campus
ECTS credits:	30
More info:	www.han.nl/english
Contact:	international.ggm@han.nl

### Autism through the Lifespan

What is Autism Spectrum Disorder (ASD)? How does it affect people in different stages and areas of their lives? How can you help ASD clients gain more control over their lives and make a positive contribution to society? Find out the answers to these questions by signing up for the course Autism through the Lifespan!

### What will I learn about?

- → Characteristics of autism and how to handle them
- → The client's autonomy and ability to cope
- → Approaching actively and acting proactively
- → Cooperation and customising care
- → Problems with people with ASD in different stages and areas of life
- → The life course perspective
- → Life coaching and supporting of self-direction

### How will I learn?

During the course you learn by participating in:

- → Interactive tutorials
- → Guest lectures
- → Training courses
- → Practical assignments
- → Group assignments
- Work placement



### A good match for me?

→ Are you studying social work, allied health, nursing, education or a related subject?

→ Are you interested in or have experience working with people with an ASD?

→ Have you finished the first year of your studies? → Have you successfully completed a work placement which included methodical coaching?

→ Do you have basic knowledge of development

psychology, system theory, different learning theories. ASD and communication theories? → Are your English language skills at a B1 level

or higher?

If your answer to these questions is yes, then this course will be a great match for you!

Key facts ECTS credits: 30

**Social Studies** Semester 1 (Sep-Feb) Nijmegen campus www.han.nl/english

international.ggm@han.nl

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# **HAN Research**

Practice-based research at HAN University of Applied Sciences is multidisciplinary and relates to themes from the professional world. We share and develop knowledge in the professional field as well as extract knowledge from the professional field. This exchange acts as a catalyst for the development of our education.

**Research Centres of the Faculty of Health** and Social Studies are:

### **Quick and Optimal Recovery**

Quick and Optimal Recovery fosters high-quality rehabilitation care by way of practice-based research and excellent education in collaboration with practitioners.

### **Social Transition for Rural Areas**

Through practice-based research, HAN researchers look for opportunities to increase the quality of life in rural areas, based on the needs of citizens.

### **Talent Development**

HAN Researchers investigate the identification and development of talent at different ages. focusing on fostering motor and cognitive development.

### **Research is conducted in the following areas:**

### **Health Studies**

- → Employment and Health
- → Local Services from a Client Perspective
- → Neurorehabilitation
- → Musculoskeletal Rehabilitation
- → Sport, Nutrition and Lifestyle

### Nursina

- → Chronic Care (e.g. Dental Care for the Elderly, Diabetes and Behaviour)
- → Primary health care
- → Innovation in health care

### **Social Studies**

- → Planned Social Change
- → Care of People with Intellectual Disabilities
- → Social Psychiatry and Mental Illness
- → Autism through the Lifespan
- → Key Factors in Youth Care

### **Sports and Exercise Studies**

- → Talent Identification and Talent Development
- → Health & Performance
- → Sports Nutrition
- → Lifestyle & Health promotion
- → Sports Economics and Management

If you are interested in participating in these Research Centres or in applied research, please contact international.ggm@han.nl for more information.



# **Admission** and Academic Calendar

### Admission

If you are a student at a university that has a bilateral agreement with HAN University of Applied Sciences, you are eligible to study at HAN as an exchange student. Potential exchange students must complete the following admissions procedure:

- 1. Before applying for an exchange course, you will need to be nominated by your home institution. Your International (Relations) Office will be able to provide you with the necessary details.
- 2. Once you have been nominated by your home institution, you will receive a link to the online application form for exchange students.
- 3. Upon completion of the online application form HAN's International Office will contact the student regarding acceptance.

### **Deadlines for nomination**

Semester 1: 1 May Semester 2: 1 October

Semester 2: 25 October

### **Deadlines for admission** Semester 1: 25 May

You can find more information on: www.han.nl/english

Academic Calendar The academic year starts in early September and ends in early July.

The academic year is divided into 2 semesters of 19 and 20 teaching weeks. A mandatory introduction programme is organised in the week before the start of each semester.

### First semester

- mid-November
- → Period 2 runs from mid-November to late January

### Second semester

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For the current academic calendar and holidays go to www.han.nl/english

### Semester division

Starts in early September and ends in late January The semester is divided into two periods: → Period 1 runs from early September to

- Starts in early February and ends in early July
- The semester is divided into two periods:
- → Period 1 runs from early February to mid-April
- → Period 2 runs from mid-April to early July



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# Housing and Facilities

### **Estimated monthly expenses**

Accommodation	€ 400
Food, clothing, travel	€ 250
Books	€ 50
Miscellaneous	€ 20

# -€300

### Housing

The HAN Housing Office helps students to find accommodation. They provide furnished rooms for international students of HAN University of Applied Sciences for a maximum of one academic year. They have several rooms on offer at two different complexes in Nijmegen: Hoogeveldt and Vossenveld. For more information, please check han.nl/hanhousingoffice.

### **Study and leisure**

HAN's facilities provide you with a diverse study and leisure environment. Written and digital sources can be found in a peaceful and quiet setting in our five study centres. Use your HANaccount to gain access to a number of IT facilities, including wireless internet. Hot meals, snacks and sweets as well as beverages to satisfy any taste can be bought in the cafeterias spread around our campuses.

### **Study Centres**

HAN's study centres are facilities to be proud of. Each has work spaces with computers, quiet study spaces, group work areas and facilities for working with laptops. Students can quickly check for available seats per study centre on our website.

and skilful in finding relevant academic sources. **HAN-wireless** HAN has a wireless network available at several locations. Are you a HAN student with a HAN account? Then you can use this network and be online any time at any place.

### Sports

It's fun to exercise with your friends and classmates, or to just relax by yourself. With a student's sports card (small fee), you have access to all sports associations at the Radboud University's Sports Centre. Amateurs and experts alike can have a go at climbing, capoeira, squash, judo, fitness, hockey, soccer, volleyball and more. And, of course, relax afterwards.



The HAN study centres are more than just libraries with multimedia facilities. The aim of these centres is to provide access to high-quality and professional information to facilitate your study activities. This is achieved in two ways: by creating a physical and virtual learning environment that enriches your learning environment, and by providing advice and training for students to help them become critical

### HAN SENECA

HAN Seneca offers you a place to do fitness and work on your health individually or under supervision. HAN Seneca is Nijmegen's Expertise Centre for sports and health, and is more than just a sports facility. This is also the place for physiotherapy, dieting advice and clinics.



# HAN on the map

HAN University of Applied Sciences is situated in the eastern part of the Netherlands. It's just a few kilometres from the German border, but also within easy distance from Amsterdam, London, Paris, Brussels and Berlin. The Netherlands is truly in the heart of Europe! Although the country is small, flat and densely populated, it has a bustling economy and a relatively liberal standing. The east of the country offers a typical Dutch landscape with charming scenery like wide rivers, bridges, dikes and polders. The Netherlands is known for its cultural diversity and relaxed cosmopolitan lifestyle. You can easily observe this on a sunny day after your classes while enjoying a drink with friends at one of the many outdoor cafés.



The campuses of HAN University of Applied Sciences are spread over the twin cities of Arnhem and Nijmegen



### Living in Nijmegen

Nijmegen is the oldest town in the Netherlands and a beautiful, old university city. It is surrounded by woodlands, castles and polders. Just walk a few minutes in any direction and you can enjoy nature and history at its best. Nijmegen has just about everything a student could wish for: museums, theatres, lively cafés, excellent sports facilities and a trendy nightlife.



We look forward to meeting you soon!

### HAN University of Applied Sciences HAN Information Centre

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