

Summer Term 2026  
March – June 2026

Katholische  
Stiftungshochschule  
München



University of Applied Sciences

## Study Program KSH München – Campus Benediktbeuern

### Acting for Sustainable Development in Societies Theories, Perspectives and Creative Methods + Certificate "Shaping Sustainability"



Since its beginning in the 19th century, Social Work has seen itself both as a profession dealing with the social problems of individuals as well as a socio-political force, focused on the correlation between social, economic and ecological factors and oriented towards the development of fair living conditions and the prevention of social hardship. The Sustainable Development Goals (SDGs) defined at the UN summit in Rio in 1992, largely correspond to the goals of Social Work. In the English taught program **“Acting for Sustainable Development in Societies: Theories, Perspectives and Creative Methods”** offered at KSH Campus Benediktbeuern, the special characteristics of the development of an rural-alpine landscape and social space is used to develop perspectives for sustainable social work and education. With successful completion, 30 ECTS and the KSH certificate "Shaping Sustainability" will be granted.



## Main objectives of the program

- Impart knowledge of important concepts of sustainability in the fields of social work
- Stimulate scientifically sound engagement on the topic of sustainability from various professional perspectives with theory/practice transfer
- Apply methodological competence and practical engagement in university and society in a self-directed and reflected manner

## Course Description

### **Module 1: Social Work as agent to foster sustainability in societies.**

**10 ECTS**

This module gives an introduction into the subject of sustainable development and the meaning of social work for it. The students will get an overview of welfare systems, different fields of social work practice in Germany, relevant theories and approaches.

**/ grade**

### **Module 2: Methods for Working with Groups and Communities**

**10 ECTS**

Promoting sustainability in Social Work and education also requires approaches and methods that focus on systems and structures. Social work has developed a rich repertoire for this purpose. In this module, students engage with different (creative) approaches and methods that help to promote the common good as well as the social well-being of individuals.

**/ grade**

### **Module 3: Nature, Creative Arts and Media**

**10 ECTS**

Focussed on the Learning Lab concept as a place and method of research-based learning, students develop projects relevant to practice. Both teaching and practice partners benefit from "learning in dialogue" of students, teachers, those affected, subject experts and representatives of institutions. Students develop approaches to social work and education through creative activity and movement in nature, creative arts or music.

**/ grade**

### ***Certificate "Shaping sustainability"***

You will receive the university certificate "Shaping Sustainability" (Centre for Nature Art Media).

**For more content information on the program, please contact**

**Prof. Dr. Annette Eberle** [annette.eberle@ksh-m.de](mailto:annette.eberle@ksh-m.de)

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## The Place to Be:

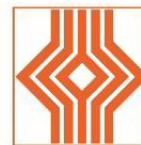
The KSH campus is located within a landmarked monastery run by the Salesian order. There are around 550 students within an inspiring surrounding nearby the mountains. There is active student life with students well connected to each other profiting from a personal contact to the professors as well as staff members – best condition for becoming local.



The KSH campus is in the village Benediktbeuern on the foot hill of the Bavarian Alps – a region that provides best opportunities for sports and cultural activities. Benediktbeuern is 45 km South of Munich, the capital of Bavaria, an easy train ride of one hour

Housing is possible in Benediktbeuern and surrounding. KSH will assist you in finding appropriate housing. As the housing market is currently very tight, there is also the option of moving to Munich if there is uncertainty. You need to calculate with a monthly rent of appr. €400 and monthly public transportation ticket €29 (increase may occur).





### Admission criteria

To be admitted to the program:

- your home university must be a partner university of the KSH München
- your English language skills are at least level B1
- German language skills are an asset, and we recommend at least level A1. However, it is not a pre – condition

### Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details.

### Time schedule

Mobility Period: 11 March– 29 June 2026

- Welcome Week: 11 March – 15 March 2026
- Lecture time: 16 March – 28 June 2026

### How to travel to KSH Campus Benediktbeuern

We recommend to download the App “DB Navigator”, it shows you all possible connections available.

- By airplane: after arriving at the airport “Franz Joseph Strauss” take the S-Bahn S8 to Munich Central Station (= Hauptbahnhof, travelling time app. 45 min), then take the regional train (= RB, travelling time app. 1 hour) to the train station Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: The last S-Bahn leaves from the airport at 22:31pm. The first S-Bahn in the morning leaves at 04:33am.**
- By bus: after arriving at the ZOB Munich (= central bus station, the train station next to it is called Hackerbrücke) take a S-Bahn to the train station Tutzing (S6, 45min) or the train station München-Pasing (S3, 8min), then change to the regional train (RB) to Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: the last S-Bahn leaves from the ZOB at 23:23pm. The first S-Bahn in the morning leaves there at 04:33am.**
- By train: after arriving at the Munich Central Station (Hauptbahnhof), take the regional train (= RB, travelling time app. 1 hour) to the train station Benediktbeuern (final destination: Kochel). After a 10 min walk you reach the campus. **Attention: The last regional train leaves from the Munich Central Station at 23:32pm. The first regional train in the morning leaves there at 04:53am.**
- In all three options, if you take a regional train after 20:30pm, you must change trains at the station Tutzing and take the next regional train directed to Kochel.

### Contact

For any questions / inquiries please contact us directly:

Andrea GAVRILINA  
Head International Office  
[Andrea.Gavrilina@ksh-m.de](mailto:Andrea.Gavrilina@ksh-m.de)  
Phone: +49 89 48092-8403

Melinda MASZLAG  
Assistant International Office  
[Melinda.Maszlag@ksh-m.de](mailto:Melinda.Maszlag@ksh-m.de)  
Phone: +49 89 48092-8488