

# International Course Social Work

Fall Term 2014/15

**Katholische  
Stiftungsfachhochschule  
München**  
University of Applied Sciences



Fachhochschule  
der Kirchlichen  
Stiftung  
des öffentlichen  
Rechts „Katholische  
Bildungsstätten  
für Sozialberufe  
in Bayern“

We offer you the opportunity to study with us in English for one semester - from September 17, 2014 till February 14, 2015 - gaining practical experience in the field of social work in Germany as well as sitting in on academic courses relevant to the social work profession.

You will study with fellow students from Germany and all over Europe who have a shared interest in the development of social work as well as nursing. You will meet teachers with various professional backgrounds, such as social work, nursing, law, psychology and social anthropology.

Munich is the city you will be living in for five months. It is the capital of Bavaria and is known as a beautiful and safe city. It has attracted international attention, because it is a lively urban centre with museums and concerts and is within easy reach of beautiful lakes and the Alps. During your stay the biggest beer festival, the famous Oktoberfest, will take place. December is known for its pre - Christmas atmosphere with various Christkindlmarkets. And not to forget the alpine skiing period starting around December.

In this brochure you can inform yourself about the **International Course Social Work** and find useful information about being a student in Munich.

**Abteilung München**  
Preysingstraße 83  
81667 München  
Fon 089-48092-1271  
Fax 089-48092-1900

**Abteilung  
Benediktbeuern**  
Don-Bosco-Straße 1  
83671 Benediktbeuern  
Fon 08857-88-501  
Fax 08857-88-599

[www.ksfh.de](http://www.ksfh.de)



## International Social Work Course

The course consists of

- 4 Regular and 4 Compact Lectures = 24 ECTS
- German Language Course = 4 ECTS
- Internship = 3 ECTS
- **Total of 31 ECTS**

| Week             | Monday          | Tuesday   | Wednesday                              | Thursday         | Friday          | Saturday        | Sunday |
|------------------|-----------------|---|--|------------------|-----------------|-----------------|--------|
| 41               |                 |   | Latest Arrival                         | Administration   | Administration  | X               | X      |
| 42               | Lecture at KSFH | Lecture at KSFH<br><br>Start of German Language Course <sup>1</sup> | Internship (tbc)                       | Internship (tbc) | Lecture at KSFH | Lecture at KSFH | X      |
| 43 - 46          | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |
| 47<br>Block week | Lecture at KSFH | Lecture at KSFH   | Lecture at KSFH                        | Internship (tbc) | Lecture at KSFH | Lecture at KSFH | X      |
| 48               | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |
| 49               | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | Lecture at KSFH | Lecture at KSFH | X      |
| 50               | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |
| 51               | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |
| 52<br>Christmas  |                 |   | Vacancies / Opportunity to travel home |                  |                 |                 |        |
| 1<br>New Year    |                 |   | Vacancies / Opportunity to travel home |                  |                 |                 |        |
| 2                | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |
| 3                | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | Lecture at KSFH | Lecture at KSFH | X      |
| 4 - 7            | Lecture at KSFH | Lecture at KSFH   | Internship (tbc)                       | Internship (tbc) | X               | X               | X      |

<sup>1</sup> every Tuesday / Thursday

## Weekly schedule

| Duration    | Monday  | Tuesday   | Wednesday               | Thursday                | Friday                 | Saturday         |
|-------------|---|---|-------------------------|-------------------------|------------------------|------------------|
| 08.00-10.00 |   |   | Internship (on request) |                         |                        |                  |
| 10.00-12.00 | S. Nothhafft: Tackling Domestic Violence            | H. Butterfield/ A. Gavrilina: International Social Work with Refugees |                         | Internship (on request) | Compact Lectures       | Compact Lectures |
| 12.00-14.00 |   |   |                         |                         |                        |                  |
| 14.00-16.00 |   |   |                         |                         |                        |                  |
| 16.00-18.00 | U. Fischer: Social Organizations                    |   |                         |                         |                        |                  |
| 18.00-20.00 | U. Fischer: Structure of German Health Care Systems | German Language Course  |                         |                         | German Language Course |                  |

➤ **Regular Courses (each course equals 3 ECTS)**

➤ **Compact Course (each course equals 3 ECTS):**

Fridays and Saturdays

October 9 - 11      P.Cromwell: Community Organizing  
 November 17 – 19    P. Hilgers / K. Yates: Working Close to the Edge  
 November 21 – 22    S. Nothhafft / M. Mildwater / A. Brand Christiansen: Human Rights and Social Work  
 January 16 - 17      R. Koglek: International Social Work: UK

➤ **German Language Course (equals 4 ECTS)**

➤ **Internship 90 hours contact time + 3 times mentoring classes (3 ECTS)**

## Course Descriptions

### P. Cromwell: Community Organizing

Community organizing is a set of strategies and best practices for democratic and grassroots citizen participation. Utilized in the United States for 80 years, community organizing has also been successfully used in Europe during the past 10-20 years.

This two-day seminar will introduce students to the overall goals and key strategies utilized in a typical community organizing four-step process: 1. Systematically listening to citizens to help identify priority themes to be addressed in a neighbourhood or with a target group, 2. Research to identify potential solutions, 3. Meeting with public authorities to engage them in solutions, and 4. Building a long-term and sustainable citizens organization.

The seminar will include interactive teaching methods and provide numerous successful examples of the use of community organizing in the USA and Europe.

The seminar leader is Reverend Paul Cromwell, a pastor in an American Protestant Church with 25 years of experience as a community organizer in the USA and since 2004 a community organizer trainer and consultant with projects in Europe.

### P. Hilgers / K. Yates: Working Close to the Edge

As professionals in the field of social work we frequently find ourselves in situations and interactions where we feel 'on the edge' i.e. challenged, angry or overwhelmed and lose the power to respond effectively.

In this training course we will support you through a creative process to safely explore your own relationship with conflict, increase your self-awareness and emotional literacy around your own 'edge', and strengthen your capacity to take ownership in responding to conflict and difficult behaviour.

By the end of Working Close to the Edge you will be able to:

- Identify your own relationship with conflict and how it influences you when dealing with challenging situations
- Explain triggers for anger and describe layers underneath anger
- Describe feelings and needs that people experience in conflict and explain the importance of empathy
- Explain different roles people take in conflict and in difficult situations
- Demonstrate constructive ways of taking ownership in responding to conflict including a way of communicating constructively when in conflict

This interactive course is based on experiential learning, personal development and communication (in particular Non-Violent Communication/NVC); it uses a variety of creative approaches including role play, tableaux and drama based work, drawing, image based work, discussion, and games.

### S. Nothhafft: Tackling Domestic Violence

Social professionals have been working with victims of domestic violence for years in the courts, the emergency rooms, and shelters. Domestic violence does not discriminate, it happens in every racial and ethnic community, as well as in every socioeconomic group.

Domestic violence affects all areas of Social Work, Nursing and other professions. Therefore, it is essential for social professionals to be familiar with the theories, research and policy on domestic violence in order to work across a variety of legal and service-user contexts.

Social professions in their various forms already address the multiple and complex fields of combating violence through screening for domestic violence and providing a plan to protect victims' safety. Direct services to victims of domestic violence include counselling, court advocacy and support through shelter programs.

We will look into how social professionals can intervene in everyday practice with victims, their families and perpetrators of domestic abuse with a particular focus on evidence-based practice.

## Course Descriptions

### U. Fischer: Social Organizations and Structure

The aim of the course is to give an introduction to theoretical models and the basics of organization. Students will be sensitized to the relevance of organizational issues for their professional conduct. They will be able to analyse the organizational context in which they work and to reflect on institutions and enterprises in the health care system. The course will include interactive teaching methods and provide numerous examples of today's organizational theory models.

### S. Nothhafft / M. Mildwater / A. Brand Christiansen: Human Rights and Social Work

Social work in its various forms addresses the multiple, complex transactions between people and their environments. Its mission is to enable all people to develop their full potential, enrich their lives, and prevent dysfunction. As such, social workers are change agents in society and in the lives of the individuals, families and communities they serve. Social work is an interrelated system of values, theory and practice. Social work grew out of humanitarian and democratic ideals, and its values are based on respect for the equality, worth, and dignity of all people. Since its beginnings over a century ago, social work practice has focused on meeting human needs and developing human potential. Human rights and social justice serve as the motivation and justification for social work action. Therefore is it fundamental for social workers to be familiar with international human rights declarations and conventions as common standards of achievement for the global community. We will look into a set of human rights conventions, learn about HR instruments and develop HR guidelines and concrete HR approaches for social work in its diversity. A special focus will be given to Human Trafficking.

### H. Butterfield / A. Gavrilina: International Social Work with Refugees

Refugees are international, frequently on the move as political and economic environments change, thus presenting the international field of social work with a wide variety of challenges. The UNHCR, government agencies, NGOs and volunteers are constantly developing new methodologies and improving standards to deal with the refugees' precarious situations.

This course will examine international programs and draw on local experience. It will cover topics such as "UNHCR and its Mandate", "UNHCR Sexual and Gender-Based Violence", "UNHCR Resettlement Program", "Social Work in Refugee Camp", "Work with Unaccompanied Minors", and "Work in the context of Deportation and Detention".

Local as well as international experts will be invited to lecture and share expertise.

### U. Fischer: Structure of the German Health Care System

The course has a special focus on the economics of the German health care system. It explains in detail the connections between government, health care markets and legal policies in the health care system. The aim is to give a comprehensive overview of the complex interactions between all shareholders and stakeholders of the German welfare and health care system.

The seminar will include interactive teaching methods and provide numerous examples of good practice drawing on legal and economic aspects and the structure of the German welfare and health care system and policies.

### Robert Koglek: International Social Work: USA

This seminar focuses on social work practice theories and methods in the USA. Participants will be provided with an overview of the most common clinical practice theories and how they can be differentially applied in work with clients. Several of these methods will then be discussed in more detail. Students will be asked to make a small group presentation (15-20 minutes presentation and brief written summary of a practice method) to complete the requirements for receiving credit points. A list of practice methods covered and the related readings will be provided to students ahead of time.

## Admission criteria

To be admitted to the programme:

- your home university must be a partner university of the KSFH
- you must have completed at least two years of a social work programme at your home university
- your English language skills are at least level B1
- German language skills are an asset and we recommend at least level A1. However, it is not a pre - condition.

## Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details.

## Contact

For any questions/inquiries please contact us directly:

Andrea GAVRILINA  
Head International Office, Erasmus Coordinator  
Andrea.Gavrilina@ksfh.de

Karin UNGER  
Assistant  
Karin.Unger@ksfh.de

Katholische Stiftungsfachhochschule München  
Preysingstr. 83  
81667 München  
Phone: +49 89 48092-1403  
Fax: +49 89 48092-1900  
[www.ksfh.de](http://www.ksfh.de)

## Studying at KSFH

The KSFH is situated in a lively area in the heart of Munich, so it is easy to get around. The city offers a wide range of sportive, social and cultural activities the year round. Munich also provides a large range of cultural events and it is the venue of the world famous Oktoberfest. There are international cafés, restaurants, bookstores, national and international libraries, cinemas, many different music venues, sports events, parks, museums, shops and many more.



## Accommodation

As a special service, Katholische Stiftungsfachhochschule München tries to assist students from partner universities with accommodation. The International Office manages a limited number of rooms in Munich. Unfortunately, due to the high demand and shortage of accommodation in Munich, we cannot guarantee accommodation for every exchange student.

A rented and furnished room usually costs somewhere in the 250€ - 550€ range per month.

## Public Transportation

Munich has a very fast and efficient public transport system comprising metro, trains, busses and trams. A term ticket for students can be used on all public transport systems, and costs 141,- € per term. However in good weather condition cycling is very popular in Munich and many students simply choose to ride their bikes.

## Cost of living

In addition to paying rent and carfare, you will need to 300€ - 500€ per month to cover other expenses like food and leisure.