



Social Work: A Human Rights Based Approach

Katholische Stiftungshochschule München KSH München



We offer you the opportunity to study with us in **English** for one semester – from **September 28, 2022** till **January 23, 2023** gaining **30 ECTS**.

Social Work: a human rights based approach. You will study with KSH and international students from different European countries who have a shared interest in the human rights aspect of social work professions. You will meet lecturers with various professional backgrounds, such as social work, social policy, education, health, law, psychology, religious studies and social anthropology.

Munich is the city you will be living in during this period. It is the capital of Bavaria and is known as a beautiful and safe city. It has attracted international attention, because it is a lively urban centre with museums and concerts and is within easy reach of beautiful lakes and the Alps. During your stay the biggest beer festival, the famous Oktoberfest, will take place. December is known for its pre - Christmas atmosphere with various Christkindlmarkets. And not to forget the alpine skiing period starting around December.

Module 1 Social Work and Social Welfare (5 ECTS and grade):		
Social Work Systems: History, Structures and Duties for Social Workers (S. Pankofer) - 4.1	Monday 10:00 – 12:00	Weekly seminar
Critical Social Work in a Neoliberal and Postcolonial Era (N. Noyoo) - 2.10	Monday 08:00 – 10:00	Weekly seminar
Module 2 Social Work in Germany (5 ECTS and grade):		
Social Work in Germany: Service Provision across the Spectrum of Needs (A. Gavrilina) - 4.2	Thursday 08:00 – 12:00	Weekly seminar
Module 3 Social Work with Local Communities (5 ECTS and grade):		
Working with Migrants in Munich (N. Mattarei) - 4.1	Tuesday 16:00 – 18:00	Weekly seminar
Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference (P. Hilgers / T. Patel) – 3.9	November 14 - 16, 2022 <ul style="list-style-type: none"> Monday 09:00 – 16:00 Tuesday 09:00 – 16:00 Wednesday 09:00 – 16:00 	Compact Course 2 ½ days
Module 4 Refugees in Europe (5 ECTS and grade):		
Fortress Europe (A. Buck) - 4.2	Wednesday 14:00 – 16:00	Weekly seminar
Option A Working with Survivors of Human Trafficking (M. Mildwater / A. Brandt Christensen) - 5.3C	October, 27 – 29, 2022 <ul style="list-style-type: none"> Thursday 16:00 – 20:00 Friday 09:00 – 18:00 Saturday 09:00 – 18:00 	Compact Course 2 ½ days
Option B Trauma-informed Practice with Refugees and Asylum seekers (A. Rossi / J. Caruana) - 5.3C	January 19 – 21, 2023 <ul style="list-style-type: none"> Thursday 16:00 – 20:00 Friday 09:00 – 18:00 Saturday 09:00 – 18:00 	Compact Course 2 ½ days
Module 5 Diversity in a Globalised World (5 ECTS and grade):		
Intercultural Communication (V. Rolle-Green) - 3.9	Monday 14:00 – 16:00	Weekly seminar
Indigenous Knowledge (N. Noyoo) - 1.3C	Wednesday 16:00 – 18:00	Weekly seminar
Module 6 Health and Equality (5 ECTS and grade):		
Social determinants of global (public) health (N. Schmidt) – HCM	<ul style="list-style-type: none"> Friday 07.10.2022 09:00 - 16:30 October 16 – 18, 2022 UN World Health Summit (digital event) Monday 24.10.22: 8:30 – 12:00 Tuesday 25.10.22 8:30 – 12:00 Wednesday 26.10.22 14:00 – 17:15 Monday 12.12.22: 9:00 – 16:30 	Compact Course Alternating dates
Reproductive Health: impact of social determinants – case study from Cameroon (A. Moukam) – 2.6B	October 13 – 15, 2022 <ul style="list-style-type: none"> Thursday 16:00 – 20:00 Friday 09:00 – 18:00 Saturday 09:00 – 18:00 	Compact Course 2 ½ days



Sabine Pankofer

Social Work Systems: History, Structures and Duties for Social Workers

The introductory course is especially designed for incoming students to provide them with the needed knowledge of the German social system and Social Work profession in Germany, starting with the Social Work education and then going into professional self-conceptions in comparison to the Erasmus students' countries.

This course is preparing site visits offering theoretical bases. Therefore, in the course students will be familiarized with the German welfare system through a historical approach and the description and discussion of selected practical fields of social work and the roles of Social Workers, not least to compare them with other countries.

Assessment: 2 short written assignments (at the beginning and at the end of the term).

The seminar leader is Sabine Pankofer, Professor of Psychology at KSH since 1998, with a Master degree in Special Need Education, Psychology and Sociology and a PhD in Psychology. Since 2000 she works also as supervisor and is Head of the Mentorship program to become a coach / supervisor at KSH München.

Ndangwa Noyoo

Critical Social Work in a Neoliberal and Postcolonial Era

This course introduces students to critical social work in a neo-liberal and post-colonial era. It pays attention to global transformative and / or dislocating processes that have gained currency during this age, which shape people's livelihoods and well-being in fundamental ways. These are inter alia: globalisation, economic austerity measures of the World Bank and the International Monetary Fund (IMF) such as the Structural Adjustment Programme (SAP), global warming and climate change, terrorism and the Coronavirus (COVID-19) pandemic. It delves into the global structural and contextual power dynamics which impinge upon individual and personal development. It also highlights how social work can help to disentangle some of the oppressive mechanisms that are imbedded in global and local economic and social practices, class, culture, among others. This course is anchored in the traditions of radical social work, feminist social work and similar intellectual traditions.

While engaging in critical debates, working in groups or buzz sessions, the course seeks to enable participants to (a) identify and understand global and local oppressive systems that impinge on individual and society's human development; to (b) analyse the social control functions of social work and social welfare; as well as to (c) understand and appreciate the goals of personal liberation and social change.

At the end of the course, it is envisaged that participants will be able to (a) demonstrate a deepened understanding of the role of critical social work in a neo-liberal and post-colonial era; to (b) identify and understand global and local oppressive systems that impinge on individual and society's human development; as well as to (c) exhibit an in-depth knowledge of the goals of personal liberation and social change.

Assessment: The course is assessed via group oral class presentations.

Ndangwa Noyoo, is a Professor in the Department of Social Development at the University of Cape Town (UCT), South Africa. He holds a Doctor of Philosophy (Ph.D) from the University of the Witwatersrand (South Africa), Master of Philosophy (MPhil) in Development Studies from the University of Cambridge and Bachelor of Social Work (BSW) from the University of Zambia. He was a postdoctoral fellow at the Fondation Maison des Sciences de l'Homme (FMSH) Paris, France (2005-2006). His research areas are: social policy, social development, public policy, social work, human rights, corporate social responsibility and indigenous knowledge systems.



Andrea Gavrilina

Social Work in Germany: Service Provision through the Spectrum of Needs

This course is designed to introduce Erasmus incoming students to Social Work agencies offering various kinds of support to service users. Through organized site visits, students will learn how to prepare site visits through research, pre-visits and interviewing people; present social service provision providers in Munich to fellow students and exchange national and local perspectives. After the seminar, students will be familiar with social work across the spectrum of needs in Munich.

There will be site visits to institutions such as a centre for the Elderly, Munich City Social Services, a Youth centre, a drop-in-centre for drug users, assisted housing for people with handicaps, a shelter for homeless people, a Hospice, an NGO offering outreach support for children / young adults and their families, an organisation acting as cultural mediators for minority groups well as a drop-in centre at Munich main station for first support.

Assessment: organizing site visits and presentations.

The seminar leader is Andrea Gavrilina, a visiting lecturer and Head of the International Office at KSH München. She received her Master degree from Hamburg University in Social Anthropology with field work experience in the Republic of Armenia. Before joining KSH München in 2008, she was working as Long Term Observer for the OSCE in the Republic of Armenia, the Republic of Georgia and the Russian Federation, as Community Services Officer for UNHCR in the Russian Federation as well as Quality Assurance Officer for the Refugee Council in London/UK.



Norma Mattarei

The Social-Cultural Situation of Migrants in Munich and Social Services in the City

Each year, thousands of migrants come to Germany searching for jobs and looking for a better future. When they arrive, they have many economic and social problems to solve: they need a flat, a job, a German course, and social contacts. In this seminar, we will analyze all these relevant theoretical and practical aspects. We will explore various kinds of social services, educational supports and other activities that are available to them. We will look into interesting and innovative models, for example networks between established migrant communities and newcomers: Sociological aspects covered are: Family, work and social networks: challenges+ possibilities, the role of cultural identity in the new country; getting established in Germany: between welcome and racism.

Assessment: Presentation and written essays

The seminar leader is Norma Mattarei, a Sociologist with a PhD from the Università di Trento. She is the Head of the “Academy of Nations”, a network body lead by Caritas Munich, which develops concepts for integration and intercultural projects. She has longlasting experience in working with migrants in the advice sector as well as working with various stakeholders from the political level of the City of Munich. She publishes scientific articles in pedagogical magazines and books.

Petra Hilgers / Trupti Patel

Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference

This seminar will support participants on a personal journey, using creativity, dialogue and reflection to (a) explore my own social conditioning, (b) recognise where it creates barriers for connection, (c) explore ways to deepen my understanding of others, in order to (c) create more meaningful relationships in my work.

By the end of the seminar we will have (a) deepened empathy for myself and others in dealing with the difficulties inherent in connecting across difference, (b) acknowledged the role we play in upholding systemic oppression, (c) developed greater sensitivity to barriers others experience due to systemic and historic power imbalances, (d) deepened our awareness of our own privileges and how they shape our lives, and (e) developed more confidence in addressing power imbalances in social work.

This seminar is interactive with space to reflect, learn and connect; it involves personal sharing to enable personal development and we expect students to be willing to engage with subjects that might be uncomfortable and be mindful of personal triggers. We will work with creative approaches including photography, drawing, body work, image based work and writing; we will also use discussion, group work and games to develop learning. We will draw on contemporary and historic research with recommended readings, videos and talks online. We will invite students to keep a journal for their own insights, thoughts and reflections.

Petra Hilgers is a creative development practitioner with over 15 years of experience in the fields of community development, team & organisational change and personal development. Originally from Germany, Petra has developed her skills in group facilitation, peace building, non-violent communication, the arts, mediation and conflict coaching working in countries and communities all over the world including Bosnia, South Africa, Uganda, Darfur/Sudan, Afghanistan and for the past 13 years in London.

Trupti Magecha is an established photographer working on commissions and on participatory projects that enable exploring photography as a tool for self expression. As an established film maker Trupti has made documentaries for the BBC and Channel Four including the BAFTA award winning series 'The Tower' based on the regeneration of a London council estate and the award winning series Secret Millionaire. Other issues she's covered include immigration, internet child pornography and race relations.



Alexander Buck **Fortress Europe**

Since the 19th century, Europe is a destination for migrants and refugees and especially Germany located in the middle of Europe. The pictures of thousands of refugees arriving in Germany in summer 2015 being well perceived were broadcasted all over the world. But the situation in Europe and Germany has changed: the so called “Welcome Culture” shifted to a rather populist and nationalistic attitude. Right-wing parties all over Europe try to establish a “Fortress Europe” by introducing restrictive laws, playing negative propaganda against migrants and refugees using racist paroles triggering confusion and fear among people. This seminar is analyzing the recent development of the mixed migration flow and its impact on Europe and explores the crucial role of Social Work professions addressing the needs of migrants and refugees.

Assessment: Presentation and written essays

Alexander Buck is the Head of the “Frans van der Lugt Project”, a shelter for asylum seekers in Munich, run by the Jesuit Refugee Service (JRS) Germany. He studied Social Work at KSH and received his Master degree in philosophy from the Jesuit “Hochschule für Philosophie”. For more than 25 years, he is a lecturer at the KSH in the fields of Social Work, Media Literacy and Education, Philosophy and Migration.

Option A

Anne Brandt-Christensen / Michelle Mildwater **Social Work and Human Rights: Human Trafficking**

Social work's mission is to enable all people to develop their full potential, enrich their lives, and prevent dysfunction. As such, social workers are change agents in society and in the lives of the individuals, families and communities they serve. Therefore it is fundamental for social workers to be familiar with international human rights declarations and conventions as common standards of achievement for the global community. In this seminar, we will especially look into HUMAN TRAFFICKING as an expanding field of mandate for social workers. Trafficking in persons is a serious crime and a grave violation of human rights. Every year, thousands of men, women and children fall into the hands of traffickers, in their own countries and abroad. Almost every country in the world is affected by trafficking, whether as a country of origin, transit or destination for victims.

Assessment: Active Participation

Michelle Mildwater is director of the grass roots anti trafficking NGO HopeNow Copenhagen which she founded in 2007. She represents Denmark in Brussels twice a year at the EU civil society platform which combats Human trafficking, has a degree in teaching from London University and is a certified trainer in different branches of psychotherapy including trauma therapy.

Anne Brandt Christensen, a B.A. and M.A. holder in Law has worked in the anti-trafficking field since 2007, including for the Danish Red Cross, and is recognized as an expert in the field nationally as well as internationally. She was awarded the European Crime Prevention Award in December 2014 for work through the non-profit anti-trafficking NGO HopeNow which she chaired for eight years and nominated in 2016 by the Danish government as an expert for GRETA under the Council of Europe.



Option B

Alexia Rossi / Julian Caruana

Trauma-informed Practice with Refugees and Asylum seekers

This course will provide an understanding of the phenomenon of becoming a refugee through a presentation of the push factors in countries of origin and of the treacherous journey forced migrants embark on in search of refuge. This course will also introduce students to the construct of trauma and provide them with the opportunity to familiarise themselves with the root causes of traumatisation in the refugee experience and how traumatic exposure may impact these individuals' lives. The second part of the course will involve the teaching of aptitudes and skills that would enable students to engage with and respond effectively to the needs of refugees exposed to trauma they may encounter in their work.

Assessment: Active Participation

Alexia Rossi holds a B. Psychology (Hons) and a Master's Degree in Human Rights and Democratization from the University of Malta, a Certificate in Global Mental Health, Trauma and Recovery from Harvard Medical School and obtained her PhD in Counselling Psychology from London Metropolitan University. She has worked in various fields including primary and secondary care, specifically within the fields of migrant mental health and child & adolescent mental health in both governmental and non-governmental settings and is a Senior Visiting Lecturer at the University of Malta.

Julian Caruana graduated with a Doctorate in Counselling Psychology from London Metropolitan University and has worked in various fields including primary and secondary care, migrant mental health, paediatric oncology, substance abuse and child & adolescent mental health. Julian is currently the Psychosocial Team Coordinator at the Jesuit Refugee Service, Malta. Julian is a senior visiting lecturer with the Department of Psychology at the University of Malta and has experience of providing training and consultation both locally and overseas, in the field of trauma and migrant mental health.



Veronika Rolle-Green

Intercultural Communication

This course is aiming at KSH students interested in developing intercultural awareness as well as Erasmus incomings studying at KSH. The course offers students ample opportunity to actively develop their personal intercultural competences as well as develop their understanding of its relevance for their future professional path. A highly interactive mix of small group work, role-plays, personal reflection, simulations and expert input will ensure intensive learning.

Topics covered will include:

Culture shock and strategies to overcome challenges when integrating into a new cultural environment; awareness& perception as keys for intercultural understanding personal cultural influences; looking at personal life journeys and cultural influences, learning styles across cultures; understanding different expectations towards authority and knowledge transfer, effective intercultural communication and conflict resolution in an intercultural context.

Veronika Rolle-Green, M.A. Chinese Studies, trained consultant with extensive working experience for global organizations and international university programs in the area of leadership, team cooperation, communication, personal development and intercultural competence.

Ndangwa Noyoo

Indigenous Knowledge and Social Work

This course introduces participants to indigenous knowledge within the realm of social work practice. Despite countries in the Global South being independent for six decades or more, the vestiges of colonial rule still define many aspects of their human endeavours. Crucially, even though some countries in this part of the globe have strived to transform their inherited human and social professions, such as social work, a good number of them continue to be informed by colonial and Western social work approaches. Using Africa as a case-in-point, the course critically analyses social work's mission in the post-colonial era. It focusses specifically on deconstructing the inherited Eurocentric approaches to social work education and training on the one hand, and social work practice on the other, to chart a new pathway for indigenised and decolonised social work in the Global South.

While engaging in critical debates, working in groups or buzz sessions, the course seeks to enable participants to (a) identify and locate indigenous knowledge within the realm of social work practice; to (b) identify and critically analyse the Eurocentric models of social work which impede indigenous practices in Africa; as well as to (c) reflect on their own experiences and roles in Eurocentric models of social work.

At the end of the course, it is envisaged that participants will be able to (a) demonstrate a deepened understanding of the role of indigenous knowledge in social work in Africa and the Global South; to (b) identify and critically analyse the Eurocentric models of social work which impede indigenous practices in Africa; as well as to (c) exhibit an in-depth knowledge of indigenous knowledge and practices.

Assessment: The course is assessed via group oral class presentations.

Ndangwa Noyoo, is a Professor in the Department of Social Development at the University of Cape Town (UCT), South Africa. He holds a Doctor of Philosophy (Ph.D) from the University of the Witwatersrand (South Africa), Master of Philosophy (MPhil) in Development Studies from the University of Cambridge and Bachelor of Social Work (BSW) from the University of Zambia. He was a postdoctoral fellow at the Fondation Maison des Sciences de l'Homme (FMSH) Paris, France (2005-2006). His research areas are: social policy, social development, public policy, social work, human rights, corporate social responsibility and indigenous knowledge systems.



Nicole Schmidt

Social determinants of global (public) health

This course provides an introduction to the role of social determinants in global public health. Students will acquire knowledge about the role of key actors in (inter)national public health, learn how to analyse social determinants in global health programs and suggest interventions.

During the course speakers from a multidisciplinary group of professionals will be invited to present projects addressing key challenges and opportunities in the field of global health (focusing on women's health). Additional students will engage in a group work to gain a better understanding how the social determinants of health contribute to health inequalities.

Assessment: To be announced in the course

Nicole Schmidt, Professor of Medicine at KSH München, is an obstetrician and gynecologist from Germany, with a master's degree in public health from the Harvard School of Public Health. She worked in maternal and child projects in Kenya, the Dominican Republic and in Bolivia. She is particularly interested how to improve access to sexual and reproductive health services for women globally. Currently she is involved in a cervical cancer project in the Northern Region of Cameroun.

Alida Nganha

Barriers to health: addressing social determinants in sexual and reproductive health

This course provides an introduction to sexual and reproductive health and its social determinants in accessing health programs. During the course the impact of social determinants will be analyzed mainly by looking into a case study of a cervical cancer screening program in Dschang, Cameroon. Participants will engage in group work to better understand how those social determinants affect women's health learn about interventions to address encountered barriers.

Assessment: Active participation.

Alida Nganha, project manager in the cervical cancer screening program in Dschang- Cameroon with Geneva University Hospitals, is a social scientist specialist. She holds a master's degree in medical anthropology from the University of Yaoundé and applied for a PhD in Geneva University. She has been working on several studies in Cameroon on sexual and reproductive health.

Admission criteria

To be admitted to the programme:

- your home university must be a partner university of KSH Munich
- your English language skills are at least level B1
- German language skills are not required but we recommend arriving with A1.

Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details. **Please note, that there are only 14 places available!**

Time schedule

Mobility Period: **28. September 2022 – 23. January 2022**

- Welcome Week: 28. September – 03. Oktober 2022
- Lecture time: 04. October 2021 – 21. January 2023
- Winter Vacation: 22. December 2022 – 08. January 2023
- Bank Holidays: 3. October, 1. November, 25./26. December, 2022; 1./6. January 2023

Contact

For any questions / inquiries please contact us directly:

Andrea GAVRILINA
Head International Office
Andrea.Gavriline@ksh-m.de
Phone: +49 89 48092-8403

Melinda MASZLAG
Assistant International Office
Melinda.Maszlag@ksh-m.de
Phone: +49 89 48092-8488

Erasmus student at KSH München

get inspired by those who already studied with us

Fall Term 2019/20	Fall Term 2020/21	Fall Term 2021/22
		